

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Corto 9K - Orden De Llegada

### Finalizados

| Pto | Dor | NOMBRE y APELLIDOS           | pº ABS | CAT | pº | TIEMPO CLUB | Localidad                     | P Control 1          |         |
|-----|-----|------------------------------|--------|-----|----|-------------|-------------------------------|----------------------|---------|
| 1   | 461 | Fabian VENERO JIMENEZ        | 1 ABM  | JNM | 1  | 0:35:54     | Salomon ( Next Gen)           | Madrid               | 0:16:15 |
| 2   | 464 | David MORALA ARIAS           | 2 ABM  |     |    | 0:38:43     | Todovertical V+               | Torrelaguna          | 0:17:25 |
| 3   | 472 | Daniel ELORZ RUIZ            | 3 ABM  | JNM | 2  | 0:39:46     | Todovertical V+               | Galapagar            | 0:18:17 |
| 4   | 346 | Pablo GALLO BORDONS          | 4 ABM  |     |    | 0:39:55     | Todovertical V+               | Madrid               | 0:18:10 |
| 5   | 348 | Adrian VOS PEREZ             | 5 ABM  | JNM | 3  | 0:40:46     | Todovertical V+               | Coslada              | 0:18:14 |
| 6   | 395 | Marcos TORRIJOS ALONSO       | 6 ABM  | JNM | 4  | 0:41:13     | Tronchajaras Trail Team       | Torrelaguna          | 0:18:34 |
| 7   | 547 | Victor GARCIA SAN FULGENCIO  | 7 ABM  |     |    | 0:41:20     | Cereza Wall                   | Valle De La Serena   | 0:19:41 |
| 8   | 485 | Raul TARACENA DE LAS HERAS   | 8 ABM  |     |    | 0:41:52     | Independiente                 | Marchamalo           | 0:19:12 |
| 9   | 324 | Mario TEJADA MARTIN          | 9 ABM  | CDM | 1  | 0:41:55     | Todovertical V+               | Alcobendas           | 0:19:01 |
| 10  | 520 | Valentin SANCHEZ DONCEL      | 10 ABM | VAM | 1  | 0:42:11     | C.a. Pozo De Guadalajara      | Pozo De Guadalajara  | 0:19:08 |
| 11  | 559 | Sergio ARRANZO RUIZ          | 11 ABM |     |    | 0:43:00     | Mac Rafael Hoteles            | Colmenar Viejo       | 0:19:09 |
| 12  | 323 | Jorge FRANCO BARBERO         | 12 ABM | VAM | 2  | 0:43:10     | Individual                    | El Molar             | 0:19:38 |
| 13  | 310 | Jorge GONZALEZ               | 13 ABM |     |    | 0:43:13     | Enphorma Triatlon San Agustin | San Agustin Del Guad | 0:19:59 |
| 14  | 502 | Juan Carlos SANTOS SERRANO   | 14 ABM | VAM | 3  | 0:43:16     | Individual                    | Madrid               | 0:19:37 |
| 15  | 536 | Santiago BALLESTERO COGOLLO  | 15 ABM | VAM | 4  | 0:43:21     | Individual                    | Madrid               | 0:19:54 |
| 16  | 524 | Jesus TOMAS CELMA            | 16 ABM |     |    | 0:43:31     | Individual                    | Caspe                | 0:20:18 |
| 17  | 430 | Manuel DIEZ SEDANO           | 17 ABM | VAM | 5  | 0:43:36     | The Bear Outdoor              | Santa Cruz Del Sil   | 0:19:36 |
| 18  | 570 | Manuel GONZALEZ VALLEJO      | 18 ABM | VBM | 1  | 0:44:42     | Ad Marathon                   | Madrid               | 0:19:46 |
| 19  | 573 | Jose Angel NAVAS QUINTERO    | 19 ABM | VBM | 2  | 0:44:52     | C A Castillo De La Mota       | Medina Del Campo     | 0:20:21 |
| 20  | 521 | Oscar SANCHEZ DONCEL         | 20 ABM |     |    | 0:45:02     | C.a. Pozo De Guadalajara      | Pozo De Guadalajara  | 0:21:01 |
| 21  | 423 | Julio CHECA PEREZ            | 21 ABM | CDM | 2  | 0:45:10     | Corretrail Cuenca             | Cuenca               | 0:20:56 |
| 22  | 328 | Alberto FERNANDEZ ABUJA      | 22 ABM |     |    | 0:45:19     | Traixtrem Team                | San Sebastian De Los | 0:20:54 |
| 23  | 453 | Carlos MARTIN CANALES        | 23 ABM | VAM | 6  | 0:46:00     | Personal Running Triatlon     | Torrelaguna          | 0:20:49 |
| 24  | 533 | Alberto SOTO UGALDE          | 24 ABM | VBM | 3  | 0:46:41     | Enphorma Triatlon San Agustin | San Agustin De Guada | 0:21:09 |
| 25  | 518 | Jose Maria ROS NOGALES       | 25 ABM |     |    | 0:46:56     | Soufitt Sports                | La Cabrera           | 0:20:58 |
| 26  | 517 | Andres LOPEZ VALERO          | 26 ABM | VAM | 7  | 0:46:59     | Paleotraining                 | Madrid               | 0:21:58 |
| 27  | 510 | Juan DE DIEGO GARCIA         | 27 ABM | VAM | 8  | 0:47:04     | Todovertical V+               | Arroyomolinos        | 0:21:27 |
| 28  | 533 | Adrian GOMEZ MENENDEZ        | 28 ABM | VAM | 9  | 0:47:10     | Individual                    | Mostoles             | 0:21:43 |
| 29  | 382 | Pablo CABRICANO              | 29 ABM | VAM | 10 | 0:47:31     | Ttrail-tcenter                | Alcorcon             | 0:21:51 |
| 30  | 420 | Gustavo MARTIN SEN           | 30 ABM | VAM | 11 | 0:47:44     | La Despensa De Fer            | Valsain              | 0:22:19 |
| 31  | 443 | Borja YLLERA                 | 31 ABM | CDM | 3  | 0:47:50     | Individual                    | Madrid               | 0:20:45 |
| 32  | 577 | Marius George ZADACENCU IORG | 32 ABM |     |    | 0:47:57     | Individual                    | Torrelaguna          | 0:21:53 |
| 33  | 387 | Javier ALONSO CABRILLO       | 33 ABM | VAM | 12 | 0:48:17     | Club Triatlon 28300 Aranjuez  | Aranjuez             | 0:21:47 |
| 34  | 551 | Dariusz Andrzej SIATECKI     | 34 ABM | VAM | 13 | 0:48:46     | Enphorma Triatlon San Agustin | San Agustin Del Guad | 0:22:50 |
| 35  | 380 | Samuel GARCIA BAONZA         | 35 ABM | CDM | 4  | 0:48:50     | Tronchajaras Trail Team       | Torrelaguna          | 0:22:01 |
| 36  | 400 | Enrique MUÑOZ BLANCO         | 36 ABM |     |    | 0:48:53     | Cervihuelas Frias             | Pozuelo Alarcon      | 0:22:43 |
| 37  | 463 | Ruben RODRIGUEZ MARTIN       | 37 ABM |     |    | 0:48:57     | The Bear Outdoor              | Madrid               | 0:22:37 |
| 38  | 549 | Ivan GARCIA GONZALEZ         | 38 ABM |     |    | 0:49:02     | Individual                    | San Agustin Del Guad | 0:22:15 |
| 39  | 358 | Angel PEREZ RUANO            | 39 ABM |     |    | 0:49:11     | Ccqtq                         | Madrid               | 0:22:25 |
| 40  | 477 | Hugo BAENA JIMENEZ           | 40 ABM | VAM | 14 | 0:49:27     | Cronos Villaviciosa           | Villaviciosa De Odon | 0:22:20 |
| 41  | 554 | Carlos GONZALEZ JIMENEZ      | 41 ABM | VAM | 15 | 0:49:35     | Individual                    | Mostoles             | 0:22:56 |
| 42  | 359 | Pablo MARTINEZ               | 42 ABM | VAM | 16 | 0:49:40     | Individual                    | Tres Cantos          | 0:22:58 |
| 43  | 512 | David DE LA FUENTE ALVAREZ   | 43 ABM | VBM | 4  | 0:49:45     | Dnara Trail                   | Arganda              | 0:22:44 |
| 44  | 493 | Ruben ROA                    | 44 ABM |     |    | 0:49:48     | Individual                    | Madrid               | 0:22:17 |
| 45  | 486 | Daniel RUEDA DUFORT          | 45 ABM |     |    | 0:50:01     | Individual                    | Torrelaguna          | 0:22:46 |
| 46  | 447 | Javier VALERO MARIN          | 46 ABM | VAM | 17 | 0:50:10     | Ecca - Club Amistad           | Madrid               | 0:22:40 |
| 47  | 527 | Sergio ROMERO AGUADO         | 47 ABM | VAM | 18 | 0:50:28     | Alalpardo Running Team        | Alalpardo            | 0:22:29 |
| 48  | 476 | Alfonso MORENO GARCIA        | 48 ABM | VAM | 19 | 0:50:31     | Enphorma Triatlon San Agustin | San Agustin De Guada | 0:23:25 |
| 49  | 550 | Juan Manuel GONZALEZ LACALLE | 49 ABM |     |    | 0:50:43     | Club Trail Pelegoro           | Marchamalo           | 0:24:59 |
| 50  | 352 | Iñaki ODRIUZOLA ALVAREZ      | 50 ABM |     |    | 0:50:55     | Individual                    | Alcala De Henares    | 0:23:05 |
| 51  | 341 | Julian FRASCAROLI            | 51 ABM |     |    | 0:51:06     | Individual                    | Madrid               | 0:23:44 |
| 52  | 574 | Pablo GARCIA                 | 52 ABM | VAM | 20 | 0:51:14     | Independiente                 | Madrid               | 0:23:53 |
| 53  | 444 | Manuel Angel GOMEZ HERNANDEZ | 53 ABM | VBM | 5  | 0:51:21     | Individual                    | Cerceda              | 0:22:36 |
| 54  | 365 | Alba RABADAN LOPEZ           | 1 ABF  |     |    | 0:51:25     | Independiente                 | Rivas Vaciamadrid    | 0:22:15 |
| 55  | 362 | Nadine CALAHORRA SANCHEZ     | 2 ABF  | CDF | 1  | 0:51:45     | Tronchajaras Trail Team       | Torrelaguna          | 0:23:26 |
| 56  | 418 | Ramon CERRATO ABAD           | 54 ABM |     |    | 0:52:16     | Mamifit                       | Mostoles             | 0:24:16 |
| 57  | 360 | Alfredo FERNANDEZ GARCIA     | 55 ABM | VAM | 21 | 0:52:21     | Individual                    | Alcala De Henares    | 0:24:01 |
| 58  | 488 | Iñaki AJA BRIONES            | 56 ABM |     |    | 0:52:26     | Individual                    | Madrid               | 0:22:55 |
| 59  | 401 | Juan CRESPO GARAY            | 57 ABM |     |    | 0:52:30     | Cervihuelas Frias             | Pozuelo Alarcon      | 0:23:03 |
| 60  | 569 | Luis MARTIN GIBAJA           | 58 ABM | VBM | 6  | 0:52:36     | Individual                    | Alcala De Henares    | 0:24:10 |
| 61  | 427 | Juan Pablo NUÑEZ MADERO      | 59 ABM |     |    | 0:52:39     | Individual                    | Madrid               | 0:24:36 |

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|-----|-----|------------------------------|---------|-----|----|--|-----------------------|-------------|
| 62  | 388 | Urko PELAYO VICENTE          | 60 ABM  |     |    | 0:52:50 Individual                     | Alpedrete             | 0:23:48     |
| 63  | 340 | David NEVADO MEZQUITA        | 61 ABM  |     |    | 0:52:54 Aviva Sport Club               | Mostoles              | 0:24:06     |
| 64  | 557 | Hector MANZANO VELASCO       | 62 ABM  |     |    | 0:52:56 Individual                     | Medina Del Campo      | 0:24:38     |
| 65  | 354 | Jose Miguel PIRIS ZAMORA     | 63 ABM  | VAM | 22 | 0:53:10 Individual                     | Mostoles              | 0:24:52     |
| 66  | 393 | Daniel HOMOBONO CARO         | 64 ABM  | VAM | 23 | 0:53:16 Individual                     | Alcobendas            | 0:24:25     |
| 67  | 378 | Pedro ARELLANO GUERRERO      | 65 ABM  |     |    | 0:53:28 Union Deportiva Vegetariana    | Madrid                | 0:24:19     |
| 68  | 320 | Luis Ignacio GUIADO VELASCO  | 66 ABM  | VAM | 24 | 0:53:32 Que Necesidad                  | Rivas-vaciamadrid     | 0:25:09     |
| 69  | 531 | Iñigo ARREGUI FERNANDEZ      | 67 ABM  |     |    | 0:53:36 Individual                     | Madrid                | 0:24:14     |
| 70  | 339 | Silvia DEL BARRIO FERNANDEZ  | 3 ABF   |     |    | 0:53:39 Aviva Sport Club               | Alcorcon              | 0:24:50     |
| 71  | 571 | Javier DE DIEGO              | 68 ABM  | VAM | 25 | 0:53:42 Individual                     | Majadahonda           | 0:24:34     |
| 72  | 572 | Elsa DIAS                    | 4 ABF   |     |    | 0:53:47 Individual                     | Majadahonda           | 0:24:36     |
| 73  | 381 | Francisco GARCIA EXPOSITO    | 69 ABM  | VAM | 26 | 0:53:49 Tronchajaras Trail Team        | Torrelaguna           | 0:24:33     |
| 74  | 467 | Enrique RODERO ALBA          | 70 ABM  | VAM | 27 | 0:53:53 Individual                     | Madrid                | 0:24:39     |
| 75  | 458 | Natan SANCHEZ VALERO         | 71 ABM  |     |    | 0:53:56 Globalfitbox                   | Fuenlabrada           | 0:25:09     |
| 76  | 564 | Violeta BALEA                | 5 ABF   | VAF | 1  | 0:53:59 Altafit                        | Ricardos              | 0:25:14     |
| 77  | 483 | Victor GARCIA CRISTOBAL      | 72 ABM  |     |    | 0:54:01 Globalfitbox                   | Fuenlabrada           | 0:24:49     |
| 78  | 455 | Eduardo MOTA SEISDEDOS       | 73 ABM  |     |    | 0:54:02 Individual                     | Madrid                | 0:24:16     |
| 79  | 525 | Txus HERNANDEZ               | 74 ABM  | VAM | 28 | 0:54:05 Individual                     | Madrid                | 0:24:57     |
| 80  | 303 | Pedro GRANERO MORALES        | 75 ABM  |     |    | 0:54:14 Individual                     | Madrid                | 0:25:20     |
| 81  | 421 | Ilze BERZINA                 | 6 ABF   | VAF | 2  | 0:54:17 Dlc Trail Team                 | Majadahonda           | 0:25:16     |
| 82  | 422 | Juan PEÑA DE LA VEGA         | 76 ABM  | VAM | 29 | 0:54:22 Running Los Molinos Getafe     | Mostoles              | 0:24:56     |
| 83  | 335 | Carlos IÑIGO CARRASCO        | 77 ABM  |     |    | 0:54:34 C.a. El Casar                  | El Casar              | 0:24:55     |
| 84  | 545 | Juan Carlos PASTOR VALERO    | 78 ABM  |     |    | 0:54:50 Individual                     | Alcala De Henares     | 0:25:14     |
| 85  | 302 | Francisco MARMOL             | 79 ABM  | VBM | 7  | 0:54:58 Individual                     | Leganes               | 0:25:27     |
| 86  | 552 | Ricardo ASENJO HERRANZ       | 80 ABM  | VBM | 8  | 0:55:01 Individual                     | Las Navas Del Marque  | 0:26:21     |
| 87  | 338 | Monica CAMBRA IBAÑEZ         | 7 ABF   | VAF | 3  | 0:55:15 Aviva Sport Club               | Navalcamero           | 0:25:18     |
| 88  | 314 | Jorge CEPEDA DOMINGUEZ       | 81 ABM  |     |    | 0:55:20 Individual                     | Madrid                | 0:24:49     |
| 89  | 534 | Antonio DIAZ                 | 82 ABM  |     |    | 0:55:26 Enphorma Triatlon San Agustin  | Guadalix De La Sierra | 0:25:40     |
| 90  | 345 | Jose Manuel ALCALDE GUTIERRE | 83 ABM  | VBM | 9  | 0:55:28 Independiente                  | El Vellon             | 0:25:46     |
| 91  | 357 | Raul VALCARCEL GALVAN        | 84 ABM  | VAM | 30 | 0:55:32 Individual                     | Madrid                | 0:25:25     |
| 92  | 394 | Lorena LOPEZ DIAZ            | 8 ABF   |     |    | 0:55:36 Individual                     | El Boalo              | 0:26:45     |
| 93  | 565 | Ivan DOMINGUEZ PEREDA        | 85 ABM  | VAM | 31 | 0:55:41 A.d. Jarnachas                 | A Coruña              | 0:25:00     |
| 94  | 567 | Alba JIMENEZ                 | 9 ABF   |     |    | 0:55:45 A.d. Jarnachas                 | Madrid                | 0:25:05     |
| 95  | 404 | Oscar MURILLO RAMA           | 86 ABM  |     |    | 0:55:58 Running Estremera              | Estremera             | 0:26:07     |
| 96  | 355 | Ernesto ALBACETE MORALEDA    | 87 ABM  | VAM | 32 | 0:56:14 Enphorma Triatlon San Agustin  | San Agustin Del Guad  | 0:25:58     |
| 97  | 375 | Daniel Leslie MARTINEZ       | 88 ABM  | VAM | 33 | 0:56:33 Tronchajaras Trail Team        | Cobefia               | 0:26:32     |
| 98  | 332 | Yolanda GONZALEZ VAZQUEZ     | 10 ABF  | VAF | 4  | 0:56:49 Independiente                  | La Cabrera            | 0:26:00     |
| 99  | 336 | Alberto ROJO SANCHEZ         | 89 ABM  | VAM | 34 | 0:56:52 Individual                     | El Casar              | 0:25:46     |
| 100 | 304 | Jorge Luis SANDOVAL          | 90 ABM  | VBM | 10 | 0:57:02 Individual                     | Paracuellos De Jaram  | 0:25:43     |
| 101 | 558 | Adriana CHARRY OSSA          | 11 ABF  | VAF | 5  | 0:57:09 Club Escuela Atletismo Majadah | Madrid                | 0:26:40     |
| 102 | 379 | Miguel Angel ESCUDERO SANCHE | 91 ABM  |     |    | 0:57:25 Individual                     | Getafe                | 0:27:08     |
| 103 | 433 | Borja MARTINEZ GARCIA        | 92 ABM  |     |    | 0:57:41 Correnlosgarcia                | Torrelaguna           | 0:26:03     |
| 104 | 373 | Tomas GARCIA DE PAZ MARTINEZ | 93 ABM  | VBM | 11 | 0:57:46 Enphorma Triatlon San Agustin  | Madrid                | 0:26:49     |
| 105 | 405 | Julian DELGADO MARTINEZ      | 94 ABM  | VBM | 12 | 0:57:54 Running Estremera              | Estremera             | 0:26:27     |
| 106 | 363 | Alexandre ALCANTARA JIMENEZ  | 95 ABM  |     |    | 0:58:01 Individual                     | Madrid                | 0:27:21     |
| 107 | 516 | Sergio LAZARO LLORENTE       | 96 ABM  | VAM | 35 | 0:58:07 Individual                     | Madrid                | 0:27:06     |
| 108 | 325 | Fernando HERNANDEZ RUIZ      | 97 ABM  |     |    | 0:58:48 Arunjuez                       | Madrid                | 0:27:35     |
| 109 | 413 | David PELIGROS MENDEZ        | 98 ABM  |     |    | 0:58:51 Individual                     | Leganes               | 0:28:11     |
| 110 | 501 | Sergio JIMENEZ IGLESIAS      | 99 ABM  |     |    | 0:58:55 Tronchajaras Trail Team        | Torrelaguna           | 0:26:18     |
| 111 | 374 | Ramon ECED ALTES             | 100 ABM | VBM | 13 | 0:59:02 Individual                     | Tres Cantos           | 0:26:58     |
| 112 | 386 | Jesus CID LOPEZ              | 101 ABM | VBM | 14 | 0:59:03 Tronchajaras Trail Team        | Torrelaguna           | 0:26:54     |
| 113 | 475 | Africa MUÑOZ MENENDEZ        | 12 ABF  | VAF | 6  | 0:59:07 Enphorma Triatlon San Agustin  | San Agustin De Guada  | 0:27:15     |
| 114 | 498 | Juan Jose PASTRANA IGLESIAS  | 102 ABM | VBM | 15 | 0:59:15 Individual                     | Los Yebenes           | 0:26:28     |
| 115 | 376 | Juan Luis GOMEZ JIMENEZ      | 103 ABM |     |    | 0:59:31 Individual                     | Getafe                | 0:27:51     |
| 116 | 384 | Mateo CID ALENDE             | 104 ABM | CDM | 5  | 0:59:34 Tronchajaras Trail Team        | Torrelaguna           | 0:25:07     |
| 117 | 494 | Carlos MATE MUÑOZ            | 105 ABM | VAM | 36 | 0:59:37 Individual                     | Madrid                | 0:27:18     |
| 118 | 349 | Israel VOS LOPEZ             | 106 ABM | VAM | 37 | 0:59:55 Union Atletica Coslada         | Villarejo De Salvanes | 0:26:44     |
| 119 | 431 | Laura MORA                   | 13 ABF  |     |    | 0:59:57 Club Marathon Aranjuez         | Aranjuez              | 0:26:48     |
| 120 | 459 | Almudena SANTOS ARROYO       | 14 ABF  | VBF | 1  | 1:00:04 Individual                     | Colmenar Viejo        | 0:27:11     |
| 121 | 465 | Miguel AGUILAR GUTIERREZ     | 107 ABM | VBM | 16 | 1:00:17 Independiente                  | Madrid                | 0:27:59     |
| 122 | 492 | Jose Gregorio OJEDA TADEO    | 108 ABM | VBM | 17 | 1:00:28 Lobxs                          | Arges                 | 0:28:03     |

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|-----|-----|--------------------------------|---------|-----|----|-------------|--------------------------------|-------------------------|---------|
| 123 | 560 | Ana MORALES TIRADO             | 15 ABF  |     |    | 1:00:30     | Mac Rafael Hoteles             | Colmenar Viejo          | 0:28:14 |
| 124 | 327 | Irenes RODRIGUEZ HERRERA       | 16 ABF  | VAF | 7  | 1:00:34     | Individual                     | Madrid                  | 0:27:32 |
| 125 | 301 | Juan Carlos CORBI CALERO       | 109 ABM | VBM | 18 | 1:00:46     | Hashimoto                      | Azuqueca De Henares     | 0:27:05 |
| 126 | 556 | Ainoa GARCIA MARTI             | 17 ABF  |     |    | 1:00:55     | Paleotraining                  | Madrid                  | 0:28:17 |
| 127 | 457 | Marcos RUIZ ALONSO             | 110 ABM |     |    | 1:01:06     | Globalfitbox                   | Fuenlabrada             | 0:27:18 |
| 128 | 452 | Cesar MILLAN HERNANDEZ         | 111 ABM | VAM | 38 | 1:01:09     | Globalfitbox                   | Fuenlabrada             | 0:27:03 |
| 129 | 473 | Eva DIEZ HERNANDEZ             | 18 ABF  | VAF | 8  | 1:01:14     | Enphorma Triatlon San Agustin  | Sa Del Guadalix         | 0:27:57 |
| 130 | 449 | Daniel MESADO MARTINEZ         | 112 ABM | VAM | 39 | 1:01:16     | Individual                     | Majadahonda             |         |
| 131 | 356 | Mariano CID LOPEZ              | 113 ABM | VBM | 19 | 1:01:25     | Tronchajaras Trail Team        | Torrelaguna             | 0:28:31 |
| 132 | 377 | Jose PLANA MARIO               | 114 ABM | VAM | 40 | 1:01:41     | Individual                     | Madrid                  | 0:28:10 |
| 133 | 503 | Clara FERREIRO REY             | 19 ABF  |     |    | 1:01:44     | Fuenlarunner                   | Fuenlabrada             | 0:29:23 |
| 134 | 546 | Maria Magdalena MOYANO DE LA   | 20 ABF  |     |    | 1:01:47     | Individual                     | Villanueva Del Pardillo | 0:28:08 |
| 135 | 487 | Jose Carlos DE GOUVEIA FREITAS | 115 ABM | VBM | 20 | 1:02:13     | Individual                     | Paracuellos De Jaram    | 0:28:44 |
| 136 | 479 | Vanesa CORTECERO MARTINEZ      | 21 ABF  | VAF | 9  | 1:02:21     | Las Cabras Azules              | Las Rozas               | 0:29:29 |
| 137 | 575 | Ruben RODRIGUEZ MIGUEL         | 116 ABM | VAM | 41 | 1:02:26     | Individual                     | Alovera                 | 0:30:00 |
| 138 | 523 | Diego SOLANA RODRIGUEZ         | 117 ABM | VAM | 42 | 1:02:33     | Individual                     | Pedrezuela              | 0:28:43 |
| 139 | 480 | Maria Jose LOPEZ REILLO        | 22 ABF  |     |    | 1:02:35     | Pura Vida Deportiva            | Campo De Criptana       | 0:28:03 |
| 140 | 442 | Alvaro SICHAR MORENO           | 118 ABM | VAM | 43 | 1:02:38     | Cde Perlas Triatlon Colmenar V | Colmenar Viejo          | 0:29:37 |
| 141 | 555 | Ruben SIMANCAS SANCHEZ         | 119 ABM | VAM | 44 | 1:02:42     | Club Trail Pelegoro            | Madrid                  | 0:27:53 |
| 142 | 568 | Inmaculada RODELGO ARRANZ      | 23 ABF  | VAF | 10 | 1:02:51     | Individual                     | Alpedrete               | 0:29:06 |
| 143 | 438 | Marcos LOPEZ PAUSA             | 120 ABM | CDM | 6  | 1:02:56     | The Bear Outdoor               | Coslada                 | 0:28:34 |
| 144 | 526 | Victor GARCIA BENITO           | 121 ABM |     |    | 1:03:00     | Mt3 Madrid Trail               | Pedrezuela              | 0:28:46 |
| 145 | 411 | Delia LANCHO MEDINA            | 24 ABF  | VAF | 11 | 1:03:05     | Club Deportivo Jerte           | Getafe                  | 0:29:21 |
| 146 | 412 | Ruben PALOS AVILA              | 122 ABM |     |    | 1:03:07     | Club Deportivo Jerte           | Getafe                  | 0:29:19 |
| 147 | 491 | Oscar SANCHEZ PARDO            | 123 ABM | VAM | 45 | 1:03:11     | Runners&beers                  | Torrelaguna             | 0:29:32 |
| 148 | 305 | Ricardo BARBERO SIERRA         | 124 ABM | VBM | 21 | 1:03:14     | Individual                     | Madrid                  | 0:29:10 |
| 149 | 462 | Ruben DIAZ DEL CAMPO           | 125 ABM | VAM | 46 | 1:03:17     | Individual                     | Alcobendas              | 0:29:42 |
| 150 | 468 | Noemi RAMAL MUÑOZ              | 25 ABF  | VBF | 2  | 1:03:19     | Individual                     | San Sebastian De Los    | 0:29:40 |
| 151 | 490 | Jose Angel HERNANDEZ GONZAL    | 126 ABM | VAM | 47 | 1:03:24     | Runners&beers                  | Torrelaguna             | 0:29:38 |
| 152 | 507 | Laura PERAL MARTIN             | 26 ABF  |     |    | 1:03:27     | Paleocenter Trail Team         | Madrid                  | 0:28:13 |
| 153 | 535 | Luis ANGOLOTTI PRIDA           | 127 ABM |     |    | 1:03:34     | Individual                     | Madrid                  | 0:27:01 |
| 154 | 529 | Carlos Maria ALCOVER           | 128 ABM | VBM | 22 | 1:03:36     | Individual                     | Madrid                  | 0:28:56 |
| 155 | 515 | Juan PEREDA                    | 129 ABM | VBM | 23 | 1:04:10     | Individual                     | Madrid                  | 0:29:44 |
| 156 | 316 | Daniel EMERIC MEAULLE          | 130 ABM | VAM | 48 | 1:04:25     | Individual                     | Madrid                  | 0:29:58 |
| 157 | 403 | David GOMEZ ROO                | 131 ABM |     |    | 1:04:37     | Individual                     | Pozuelo De Alarcon      | 0:29:36 |
| 158 | 402 | Joaquin LACAMBRA ESCOBEDO      | 132 ABM |     |    | 1:04:38     | Individual                     | Madrid                  | 0:29:25 |
| 159 | 513 | Yamal AL-RAMAHI                | 133 ABM | VAM | 49 | 1:04:46     | Individual                     | Paracuellos De Jaram    | 0:29:54 |
| 160 | 337 | Cristina PULIDO MARTIN         | 27 ABF  |     |    | 1:04:51     | Individual                     | Madrid                  | 0:29:28 |
| 161 | 317 | Eduardo CORROCHANO HERNAN      | 134 ABM |     |    | 1:04:53     | Individual                     | Alcala De Henares       | 0:28:53 |
| 162 | 410 | Alba CAMACHO FERNANDEZ         | 28 ABF  |     |    | 1:04:55     | Todovertical V+                | Leganes                 | 0:29:15 |
| 163 | 313 | Irene MORALES NIETO            | 29 ABF  |     |    | 1:05:08     | C.a. Colmenar Viejo            | Colmenar Viejo          | 0:29:50 |
| 164 | 307 | Raul SANCHEZ GIMON             | 135 ABM | VAM | 50 | 1:05:10     | Individual                     | Colmenar Viejo          | 0:29:58 |
| 165 | 390 | Fabio SPAGNOLI                 | 136 ABM |     |    | 1:05:33     | Individual                     | Toledo                  | 0:28:58 |
| 166 | 389 | Adriano BAYARRI GONZALEZ       | 137 ABM |     |    | 1:05:35     | Individual                     | Pinto                   | 0:29:08 |
| 167 | 489 | Gustavo PEREZ GARCIA           | 138 ABM |     |    | 1:05:37     | Individual                     | Cuellar                 | 0:29:17 |
| 168 | 419 | Ana ESTEVEZ DEL ALAMO          | 30 ABF  |     |    | 1:05:50     | Mamifit                        | Alcorcon                | 0:31:28 |
| 169 | 361 | Ruth LOZA SANTAMARIA           | 31 ABF  | VAF | 12 | 1:05:57     | Mamifit                        | Madrid                  | 0:32:21 |
| 170 | 407 | Michael STEARMAN               | 139 ABM | VAM | 51 | 1:06:01     | Club Corredores                | Madrid                  | 0:30:21 |
| 171 | 371 | Desiree RUIZ GARCIA            | 32 ABF  | VAF | 13 | 1:06:27     | Club Corredores                | Madrid                  | 0:29:49 |
| 172 | 469 | Miguel SANTIN                  | 140 ABM |     |    | 1:06:32     | Atletismo Majadahonda          | Majadahonda             | 0:32:02 |
| 173 | 334 | Emmanuel SOTELO RIVAS          | 141 ABM |     |    | 1:06:35     | Individual                     | Madrid                  | 0:29:45 |
| 174 | 445 | Marta CHAMORRO MORENO          | 33 ABF  | VAF | 14 | 1:06:38     | Individual                     | Torrejon Del Rey        | 0:32:10 |
| 175 | 306 | Alicia ALVAREZ PASCUAL         | 34 ABF  | VAF | 15 | 1:06:39     | Individual                     | Las Rozas               | 0:30:04 |
| 176 | 446 | Joaquin Antonio GARCIA MATIAS  | 142 ABM | VAM | 52 | 1:06:41     | Individual                     | Torrejon Del Rey        | 0:32:10 |
| 177 | 385 | Sergio CLEDERA GARCIA          | 143 ABM |     |    | 1:06:48     | Individual                     | Madrid                  | 0:29:20 |
| 178 | 383 | Jesus CLEDERA GARCIA           | 144 ABM |     |    | 1:06:51     | Individual                     | Madrid                  | 0:29:12 |
| 179 | 344 | Ana GONZALEZ VAZQUEZ           | 35 ABF  | VBF | 3  | 1:06:52     | Independiente                  | El Vellon               | 0:30:20 |
| 180 | 548 | Alba OLIVARES AYUSO            | 36 ABF  |     |    | 1:06:56     | Individual                     | Valle De La Serena      | 0:31:02 |
| 181 | 396 | Nuria PUENTE BLANCO            | 37 ABF  | VAF | 16 | 1:06:59     | Las Cabras Azules              | Madrid                  | 0:32:04 |
| 182 | 478 | Olga LEIRA RUBALCABA           | 38 ABF  | VBF | 4  | 1:07:03     | Las Cabras Azules              | Las Rozas               | 0:31:18 |
| 183 | 509 | Fernando MARTIN JIMENEZ        | 145 ABM | VAM | 53 | 1:07:09     | Mt3 Madrid Trail               | Fuenlabrada             | 0:30:06 |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Corto 9K - Orden De Llegada

### Finalizados

| Pto | Dor | NOMBRE y APELLIDOS            | pº ABS  | CAT | pº | TIEMPO CLUB | Localidad                     | P Control 1          |         |
|-----|-----|-------------------------------|---------|-----|----|-------------|-------------------------------|----------------------|---------|
| 184 | 508 | Laura HERRERO GONZALEZ        | 39 ABF  | VAF | 17 | 1:07:12     | Mt3 Madrid Trail              | Fuenlabrada          | 0:30:06 |
| 185 | 519 | Macarena SANTACRUZ LOPEZ      | 40 ABF  | VAF | 18 | 1:07:14     | Baldios Running Team          | Aranda De Duero      | 0:29:54 |
| 186 | 470 | Conchi SANZ FRIAS             | 41 ABF  | VBF | 5  | 1:07:36     | Individual                    | Colmenar Viejo       | 0:30:54 |
| 187 | 563 | Diana Marcela LOPEZ TABARES   | 42 ABF  | VAF | 19 | 1:07:41     | Individual                    | Madrid               | 0:29:43 |
| 188 | 471 | Paula RODRIGUEZ               | 43 ABF  |     |    | 1:07:57     | Paleotraining                 | Madrid               | 0:31:26 |
| 189 | 566 | Andrea GARCIA LINACERO        | 44 ABF  |     |    | 1:08:28     | Individual                    | Madrid               | 0:31:33 |
| 190 | 562 | Jose Maria DENIA LOPEZ        | 146 ABM | VAM | 54 | 1:08:33     | Individual                    | Madrid               | 0:31:30 |
| 191 | 484 | Enrique SANCHEZ MALO          | 147 ABM | VAM | 55 | 1:08:35     | Individual                    | Paracuellos De Jaram | 0:31:41 |
| 192 | 326 | Jesus ALVAREZ GARCIA          | 148 ABM | VAM | 56 | 1:08:41     | Hashimoto                     | Meco                 | 0:31:28 |
| 193 | 542 | Jesus BARRIOS PEREZ           | 149 ABM | VAM | 57 | 1:08:46     | Individual                    | Fuenlabrada          | 0:31:01 |
| 194 | 514 | Juan Miguel LLORENTE GARCIA   | 150 ABM | VBM | 24 | 1:08:50     | Enphorma Triatlon San Agustin | San Agustin Del Guad | 0:32:30 |
| 195 | 482 | Jose Joaquin TUREGANO LOZANO  | 151 ABM | VAM | 58 | 1:08:56     | Turitosbzazo                  | Valdemoro            | 0:31:48 |
| 196 | 481 | Maria BELLANCO                | 45 ABF  |     |    | 1:08:58     | Turitosbzazo                  | Valdemoro            | 0:31:44 |
| 197 | 544 | Julia DURAN ARROYO            | 46 ABF  | VAF | 20 | 1:09:03     | Individual                    | Madrid               | 0:31:38 |
| 198 | 432 | Susana MARTINEZ GARCIA        | 47 ABF  |     |    | 1:09:13     | Correnlosgarcia               | Torrelaguna          | 0:31:23 |
| 199 | 350 | Benito DEL BARRIO OJEDA       | 152 ABM | VBM | 25 | 1:09:27     | Independiente                 | Madrid               | 0:31:37 |
| 200 | 347 | Teresa ARANDA CALLEJA         | 48 ABF  | VAF | 21 | 1:09:32     | Enphorma Triatlon San Agustin | San Agustin Del Guad | 0:31:40 |
| 201 | 406 | Alberto DE LA CRUZ DE TORRES  | 153 ABM | VAM | 59 | 1:09:37     | Individual                    | Alcala De Henares    | 0:30:34 |
| 202 | 399 | Laura FUENTES CAMINO          | 49 ABF  | VAF | 22 | 1:09:40     | Individual                    | Alcala De Henares    | 0:31:53 |
| 203 | 408 | Isabelle PEREZ CORRAL         | 50 ABF  | VAF | 23 | 1:09:59     | Individual                    | Madrid               | 0:32:41 |
| 204 | 528 | Monica MARTINEZ CORTECERO     | 51 ABF  | VBF | 6  | 1:10:06     | Club Corredores               | Las Rozas            | 0:32:28 |
| 205 | 364 | Ivan YVOFF                    | 154 ABM | VAM | 60 | 1:10:15     | Club Ponte Las Botas          | Collado Mediano      | 0:32:01 |
| 206 | 553 | Jose Antonio SANTAMARIA LALUE | 155 ABM |     |    | 1:10:18     | Individual                    | Las Navas Del Marque | 0:34:31 |
| 207 | 435 | Javier GARCIA SANTAMARIA      | 156 ABM | VAM | 61 | 1:10:24     | Gantry Men                    | Alcala De Henares    | 0:32:07 |
| 208 | 398 | Javier PALOU RAMIREZ          | 157 ABM | VAM | 62 | 1:10:27     | Individual                    | Alcala De Henares    | 0:31:56 |
| 209 | 414 | Luis GOYA BLAZQUEZ            | 158 ABM | VAM | 63 | 1:10:41     | Individual                    | Alcobendas           | 0:32:35 |
| 210 | 451 | Carolina NAVARRO PARRAGA      | 52 ABF  |     |    | 1:10:48     | Individual                    | San Sebastian De Los | 0:32:54 |
| 211 | 505 | Alejandro DIZ DE FRUTOS       | 159 ABM | VAM | 64 | 1:10:57     | C.d. Majadahonda              | Majadahonda          | 0:33:31 |
| 212 | 504 | Cristina CRIADO FUNCHAL       | 53 ABF  | VAF | 24 | 1:10:58     | C.d. Majadahonda              | Majadahonda          | 0:33:32 |
| 213 | 450 | Laura CABALLERO GOMEZ         | 54 ABF  | VAF | 25 | 1:11:22     | Alcarriatrekking              | Guadalajara          | 0:32:15 |
| 214 | 425 | Lola MARTIN CARMONA           | 55 ABF  | VAF | 26 | 1:11:28     | C.d. Majadahonda              | Majadahonda          | 0:33:06 |
| 215 | 576 | Jesus FRANCES LOPEZ           | 160 ABM | VBM | 26 | 1:11:30     | Atletismo Majadahonda         | Majadahonda          | 0:32:59 |
| 216 | 366 | Casimiro GOMEZ MENENDEZ       | 161 ABM | VBM | 27 | 1:11:44     | Panda Del Muro                | Madrid               | 0:31:51 |
| 217 | 417 | Vanesa ALVAREZ DE CIFUENTES   | 56 ABF  | VAF | 27 | 1:11:49     | Rsea Peñalara                 | Venturada            | 0:33:55 |
| 218 | 397 | Antonio MOUBAYYED SABEH       | 162 ABM | VBM | 28 | 1:11:54     | Individual                    | Madrid               | 0:32:28 |
| 219 | 372 | Jose Luis GALARRETA RODRIGUE  | 163 ABM | VAM | 65 | 1:11:59     | Independiente                 | Madrid               | 0:32:25 |
| 220 | 429 | Ana Isabel DIAZ JIMENEZ       | 57 ABF  | VAF | 28 | 1:12:01     | Individual                    | Yepes                | 0:33:03 |
| 221 | 428 | Maria RUBIO PASCUAL MUERTE    | 58 ABF  | VAF | 29 | 1:12:06     | Individual                    | Yepes                | 0:33:05 |
| 222 | 466 | Ana SUAREZ GARNELO            | 59 ABF  | VAF | 30 | 1:12:09     | Independiente                 | Madrid               | 0:32:57 |
| 223 | 415 | Pablo HIGUERA HERTEN          | 164 ABM |     |    | 1:12:16     | Mamifit                       | Mostoles             | 0:32:43 |
| 224 | 416 | Andrea ANGULO MARTIN          | 60 ABF  |     |    | 1:12:19     | Mamifit                       | Mostoles             | 0:32:52 |
| 225 | 532 | Gema HERRANZ DEL VILLAR       | 61 ABF  | VBF | 7  | 1:12:23     | Individual                    | Colmenar Viejo       | 0:33:53 |
| 226 | 308 | Antonio Jose GARCIA AGUDO     | 165 ABM | VAM | 66 | 1:12:44     | Aranjuez                      | Aranjuez             | 0:35:14 |
| 227 | 309 | Maria Esther LOZANO RAMIREZ   | 62 ABF  | VAF | 31 | 1:12:48     | Aranjuez                      | Aranjuez             | 0:35:13 |
| 228 | 312 | Juan Luis CORTES DIAZ         | 166 ABM | VAM | 67 | 1:12:50     | Individual                    | Aranjuez             | 0:32:35 |
| 229 | 311 | Montserrat MARTIN SANCHEZ     | 63 ABF  | VAF | 32 | 1:12:52     | Club Marathon Aranjuez        | Aranjuez             | 0:32:39 |
| 230 | 368 | Tamara RODRIGUEZ ARRANZ       | 64 ABF  |     |    | 1:13:02     | C.d. Valdebebas               | Madrid               | 0:34:01 |
| 231 | 448 | Elena TIMOSHENKO              | 65 ABF  | VAF | 33 | 1:13:06     | Las Cabras Azules             | Madrid               | 0:33:01 |
| 232 | 391 | Oscar MARTINEZ MARTIN         | 167 ABM | VAM | 68 | 1:13:08     | Triatlon Arganda              | Arganda Del Rey      | 0:32:16 |
| 233 | 392 | Cristina LOPEZ RINCON         | 66 ABF  | VAF | 34 | 1:13:09     | Individual                    | Arganda Del Rey      | 0:32:19 |
| 234 | 439 | Miguel VILLACORTA ARGÜELLES   | 168 ABM |     |    | 1:13:24     | Independiente                 | Madrid               | 0:34:23 |
| 235 | 440 | Elena ALVAREZ QUESADA         | 67 ABF  | VAF | 35 | 1:13:27     | Independiente                 | Madrid               | 0:35:03 |
| 236 | 409 | Gonzalo DEL TEJO GONZALEZ     | 169 ABM | VBM | 29 | 1:13:30     | Atletismo Majadahonda         | Majadahonda          | 0:33:49 |
| 237 | 499 | Gaizka PASTRANA TORRES        | 170 ABM |     |    | 1:15:21     | Individual                    | Los Yebenes          | 0:33:35 |
| 238 | 500 | Lorena MONTES LORENZO         | 68 ABF  | VAF | 36 | 1:15:24     | Individual                    | Los Yebenes          | 0:33:40 |
| 239 | 522 | Rocio DIEZ SANCHO             | 69 ABF  | VBF | 8  | 1:15:33     | Rocky                         | Madrid               | 0:33:58 |
| 240 | 436 | Marina DEL OLMO               | 70 ABF  |     |    | 1:16:39     | Individual                    | Boadilla Del Monte   | 0:34:22 |
| 241 | 437 | Maria ALCON                   | 71 ABF  | VAF | 37 | 1:16:48     | Individual                    | Madrid               | 0:34:50 |
| 242 | 331 | Carlos CARRO BENITO           | 171 ABM | VAM | 69 | 1:17:42     | Individual                    | Madrid               | 0:34:46 |
| 243 | 530 | Maria Jesus ROJAS SANCHEZ     | 72 ABF  | VBF | 9  | 1:17:52     | Individual                    | Colmenar Viejo       | 0:34:51 |
| 244 | 495 | Carmen Maria MORENO BARRIOS   | 73 ABF  | VAF | 38 | 1:17:56     | Independiente                 | Fuenlabrada          | 0:34:14 |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Corto 9K - Orden De Llegada

### Finalizados

| Pto | Dor | NOMBRE y APELLIDOS          | pº ABS  | CAT | pº | TIEMPO CLUB | Localidad    | P Control 1 |
|-----|-----|-----------------------------|---------|-----|----|-------------|--------------|-------------|
| 245 | 497 | Oscar RECIO BARRADO         | 172 ABM | VAM | 70 | 1:18:08     | Fuenlarunner | 0:35:06     |
| 246 | 496 | Lourdes TORRES JIMENEZ      | 74 ABF  | VAF | 39 | 1:18:16     | Fuenlarunner | 0:35:10     |
| 247 | 434 | Ana Belen MARTIN GOMEZ      | 75 ABF  | VAF | 40 | 1:18:21     | Individual   | 0:35:45     |
| 248 | 460 | Miriam RODRIGUEZ HERNANZ    | 76 ABF  | VAF | 41 | 1:18:26     | Individual   | 0:35:43     |
| 249 | 351 | Pilar LOPEZ-CONTRERAS CERVE | 77 ABF  |     |    | 1:18:53     | Cde Triboost | 0:36:09     |
| 250 | 578 | Hector BARGE ESTEBAN        | 173 ABM | VAM | 71 | 1:18:56     | Individual   | 0:36:10     |
| 251 | 441 | Rosa SANCHEZ-CASCADO NOGA   | 78 ABF  | VBF | 10 | 1:19:07     | Individual   | 0:35:35     |
| 252 | 537 | Marcos GARCIA PARRADO       | 174 ABM | VAM | 72 | 1:20:42     | Individual   | 0:36:13     |
| 253 | 329 | Veronika ROMERO POLO        | 79 ABF  | VAF | 42 | 1:22:22     | Individual   | 0:36:44     |
| 254 | 330 | Juan BORREGO MATAMOROS      | 175 ABM | VAM | 73 | 1:22:26     | Individual   | 0:36:44     |
| 255 | 426 | Pilar RODRIGUEZ GONZALEZ    | 80 ABF  | VBF | 11 | 1:41:57     | Individual   | 0:42:09     |
| 256 | 454 | Jonathan VIERNE             | 176 ABM | VAM | 74 | 1:44:15     | Individual   | 0:47:27     |

### Retirados

| Pto | Dor | NOMBRE y APELLIDOS     | pº ABS | CAT | pº | TIEMPO CLUB | Localidad       | P Control 1 |
|-----|-----|------------------------|--------|-----|----|-------------|-----------------|-------------|
|     | 506 | Diego CASTELLON GARCIA | ABM    | CDM |    |             | Todovertical V+ |             |

### No Presentados

| Pto | Dor | NOMBRE y APELLIDOS             | pº ABS | CAT | pº | TIEMPO CLUB          | Localidad            | P Control 1 |
|-----|-----|--------------------------------|--------|-----|----|----------------------|----------------------|-------------|
|     | 315 | Marcos GARCIA PARRADO          | ABM    | VAM |    | Individual           | Mardrid              |             |
|     | 318 | Daniel BLAZQUEZ TORIBIO        | ABM    |     |    | Ttrail-tcenter       | Madrid               |             |
|     | 319 | Pilar CAÑADAS SUAREZ           | ABF    | VAF |    | Individual           | Madrid               |             |
|     | 321 | Manuel CARRASCO FLORES         | ABM    | VAM |    | Ad Marathon          | Madrid               |             |
|     | 322 | Elena GUIADO VELASCO           | ABF    |     |    | Iberia               | Madrid               |             |
|     | 333 | Andrea VILLANUEVA CUADROS      | ABF    |     |    | Liv2win              | Madrid, Spain        |             |
|     | 342 | Estrella LOPEZ-REINA           | ABF    | VAF |    | Independiente        | Collado Mediano      |             |
|     | 343 | Manuel LUCENA GARCIA           | ABM    | VAM |    | Individual           | Alcorcon             |             |
|     | 367 | Elisabet DOMINGUEZ             | ABF    | VAF |    | Individual           | Madrid               |             |
|     | 369 | Antonio RUIZ                   | ABM    | VBM |    | Individual           | Colmenar Viejo       |             |
|     | 370 | Iñigo RUIZ ALVAREZ             | ABM    | CDM |    | Individual           | Colmenar Viejo       |             |
|     | 424 | Ionel DEACU SERBAN             | ABM    | VAM |    | Individual           | Torrelaguna          |             |
|     | 456 | Maria Angeles GUTIERREZ CASSIL | ABF    | VBF |    | Individual           | Caceres              |             |
|     | 474 | Jesus BARRIOS PEREZ            | ABM    | VAM |    | Individual           | Madrid               |             |
|     | 511 | Ruben NIELSEN MARTIN           | ABM    | VAM |    | Individual           | Fuenlabrada          |             |
|     | 538 | Pablo GALLO BORDONS            | ABM    |     |    | Todovertical V+      | Alcala De Henares    |             |
|     | 539 | Ivan YVOFF                     | ABM    | VAM |    | Club Ponte Las Botas | Collado Mediano      |             |
|     | 540 | Alejandro LOBO CALBACHO        | ABM    |     |    | Individual           | San Agustin Del Guad |             |
|     | 541 | Yamal AL-RAMAHI                | ABM    | VAM |    | Individual           | Paracuellos De Jaram |             |
|     | 543 | Ruben NIELSEN MARTIN           | ABM    | VAM |    | Individual           | Fuenlabrada          |             |
|     | 561 | Daniel SANTAMARIA MARTINEZ     | ABM    | VAM |    | Individual           | Madrid               |             |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo 26K - Orden De Llegada

### Finalizados

| Pto | Dor | NOMBRE y APELLIDOS              | pº ABS | CATpº | CLUB                           | Localidad              | TIEMPO Penal. | P Control | P Control | P Control | P Control | P Control | P Control |
|-----|-----|---------------------------------|--------|-------|--------------------------------|------------------------|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
|     |     |                                 |        |       |                                |                        |               | 1         | 2         | 3         | 4         | 5         | 6         |
| 1   | 130 | Oscar SANCHEZ MARTIN            | 1 ABM  |       | Correlindes De Cebreros        | Madrid                 | 2:12:36       | 0:17:23   | 0:43:57   | 0:46:44   | 1:09:41   | 1:29:25   | 1:51:37   |
| 2   | 33  | Israel FERNANDEZ RIVERO         | 2 ABM  | VAM1  | Sunne 3hcycles                 | Cuenca                 | 2:12:38       | 0:17:10   | 0:43:55   | 0:46:42   | 1:09:24   | 1:29:22   | 1:51:37   |
| 3   | 173 | Joaquin ESTEBARANZ BAUTISTA     | 3 ABM  |       | Todovertical V+                | El Boalo               | 2:17:44       | 0:18:06   | 0:45:34   | 0:48:23   | 1:11:47   | 1:33:23   | 1:55:42   |
| 4   | 212 | Rony GOMEZ PAYO                 | 4 ABM  | VAM2  | Dendro Comunidad Trail         | Alalpardo              | 2:21:00       | 0:18:39   | 0:46:40   | 0:49:38   | 1:14:11   | 1:34:22   | 1:58:20   |
| 5   | 159 | Dario AJO MARTIN                | 5 ABM  |       | Dlc Trail Team                 | Segovia                | 2:21:28       | 0:18:10   | 0:47:05   | 0:49:51   | 1:15:00   | 1:35:07   | 1:59:17   |
| 6   | 184 | Francisco Javier AGUA ALBUERA   | 6 ABM  |       | Todovertical V+                | San Sebastian De Los   | 2:25:01       | 0:19:16   | 0:48:33   | 0:51:45   | 1:16:48   | 1:37:30   | 2:01:42   |
| 7   | 169 | Alberto FERNANDEZ ARANGO        | 7 ABM  |       | Brave Bulls                    | Valdemorillo           | 2:28:40       | 0:17:51   | 0:47:44   | 0:50:35   | 1:17:05   | 1:37:00   | 2:03:33   |
| 8   | 118 | Daniel REDONDO ARROYO           | 8 ABM  |       | Todovertical V+                | Madrid                 | 2:29:08       | 0:19:12   | 0:49:18   | 0:52:22   | 1:18:41   | 1:40:06   | 2:06:19   |
| 9   | 154 | Ricardo AUÑON VALERO            | 9 ABM  |       | Corretrail Cuenca              | Cuenca                 | 2:29:33       | 0:19:48   | 0:49:24   | 0:52:28   | 1:18:38   | 1:41:30   | 2:06:51   |
| 10  | 77  | Jorge PALACIOS MORENA           | 10 ABM |       | Individual                     | Guadalajara            | 2:29:56       | 0:19:18   | 0:48:43   | 0:51:58   | 1:17:11   | 1:39:34   | 2:05:28   |
| 11  | 28  | Pablo LIMA CEREZO               | 11 ABM | VAM3  | Club Triatlón Moralzarzal      | Becerril De La Sierra  | 2:32:05       | 0:20:44   | 0:52:00   | 0:55:26   | 1:21:42   | 1:43:36   | 2:08:40   |
| 12  | 141 | Jose Antonio SAÑUDO TEJA        | 12 ABM | VBM1  | Todovertical V+                | S.s.reyes ( Madrid)    | 2:32:14       | 0:20:00   | 0:50:59   | 0:54:05   | 1:21:09   | 1:43:32   | 2:08:40   |
| 13  | 126 | Israel MARTINEZ CARPINTERO      | 13 ABM |       | Corretrail Cuenca              | Cuenca                 | 2:32:18       | 0:19:58   | 0:50:19   | 0:53:38   | 1:20:56   | 1:43:34   | 2:08:43   |
| 14  | 153 | Fernando HERNANDEZ MONFORT      | 14 ABM | VAM4  | Dendro Comunidad Trail         | San Sebastian De Los   | 2:34:19       | 0:19:24   | 0:49:53   | 0:52:24   | 1:20:04   | 1:41:17   | 2:08:46   |
| 15  | 109 | Pedro ALZAGA PEÑA               | 15 ABM | VAM5  | C.m.altollano                  | San Sebastian De Los   | 2:34:40       | 0:19:21   | 0:49:22   | 0:52:26   | 1:18:54   | 1:40:08   | 2:08:12   |
| 16  | 127 | Fernando MATA FORTUNA           | 16 ABM |       | Atletas Veteranos Salamanca    | Salamanca              | 2:37:23       | 0:20:10   | 0:51:27   | 0:54:37   | 1:21:58   | 1:43:56   | 2:11:50   |
| 17  | 252 | Stefano ZANCAN                  | 17 ABM | VAM6  | Individual                     | Madrid                 | 2:37:52       | 0:18:54   | 0:49:04   | 0:52:47   | 1:18:36   | 1:43:16   | 2:11:48   |
| 18  | 241 | Mariano ONTANON                 | 18 ABM |       | Independiente                  | Paracuellos De Jaram   | 2:37:56       | 0:20:51   | 0:53:41   | 0:56:40   | 1:25:44   | 1:47:04   | 2:14:16   |
| 19  | 249 | Carlos Alberto MIGUELEZ MONROY  | 19 ABM | VAM7  | Mt3 Madrid Trail               | Madrid                 | 2:39:12       | 0:20:30   | 0:52:56   | 0:56:29   | 1:24:25   | 1:48:03   | 2:13:43   |
| 20  | 49  | Javier APARICIO SACRISTAN       | 20 ABM |       | G.m. La Acebeda                | Segovia                | 2:39:21       | 0:20:32   | 0:52:35   | 0:55:42   | 1:23:53   | 1:48:15   | 2:15:00   |
| 21  | 193 | Hamza BELHADJ BENZIANE          | 21 ABM |       | Yaku                           | Madrid                 | 2:39:48       | 0:20:08   | 0:51:39   |           | 1:23:01   | 1:46:48   | 2:14:45   |
| 22  | 231 | Eugenio GALLEGO GARCIA          | 22 ABM |       | Trailxtrem Team                | Madrid                 | 2:39:52       | 0:20:57   | 0:53:57   | 0:57:25   | 1:26:12   | 1:50:03   | 2:16:15   |
| 23  | 175 | Jaime OLIVARES PEREIRA          | 23 ABM | VAM8  | Tierra Tragame - Bandoleros De | Las Rozas              | 2:39:56       | 0:21:18   | 0:54:06   | 0:57:32   | 1:26:10   | 1:49:01   | 2:15:39   |
| 24  | 9   | Federico SIERRA GARCIA          | 24 ABM | VBM2  | Cerro Trail                    | Alalpardo              | 2:39:58       | 0:21:29   | 0:54:27   | 0:57:42   | 1:26:14   | 1:49:06   | 2:16:22   |
| 25  | 32  | Ansel GARCIA GARCIMARTIN        | 25 ABM | VAM9  | Runners&beers                  | Torrelaguna            | 2:40:34       | 0:21:20   | 0:53:46   | 0:56:43   | 1:25:41   | 1:46:52   | 2:15:33   |
| 26  | 205 | Sergio PEREZ ESTEBAN            | 26 ABM | VAM10 | Individual                     | Valdemorillo           | 2:41:17       | 0:21:10   | 0:53:26   | 0:56:39   | 1:24:40   | 1:47:27   | 2:15:26   |
| 27  | 147 | Jose RUIZ CASTRO                | 27 ABM | VAM11 | Desam.es                       | Guadarrama             | 2:42:10       | 0:20:43   | 0:53:24   | 0:56:50   | 1:25:19   | 1:49:14   | 2:16:27   |
| 28  | 88  | Ivan ALCAUZA CASANTE            | 28 ABM | VAM12 | Las Cabras Azules              | San Sebastian De Los   | 2:42:29       | 0:21:52   | 0:54:15   | 0:57:40   | 1:26:29   | 1:49:57   | 2:16:58   |
| 29  | 50  | Fernando CALDERON DE LA BARCA   | 29 ABM | VAM13 | A.d. Grupo Montaña Pegaso      | Pedrezuela             | 2:42:59       | 0:21:57   | 0:54:35   | 0:57:54   | 1:26:24   | 1:50:04   | 2:17:09   |
| 30  | 182 | Daniel OSMA MILLAN              | 30 ABM |       | Brave Bulls                    | Madrid                 | 2:43:03       | 0:21:44   | 0:55:33   | 0:58:28   | 1:29:01   | 1:51:55   | 2:19:06   |
| 31  | 157 | Xavier BOLOGNA                  | 31 ABM |       | Individual                     | Las Rozas De Madrid    | 2:43:51       | 0:21:18   | 0:54:10   | 0:57:35   | 1:26:39   | 1:50:43   | 2:18:00   |
| 32  | 247 | Omar MACHI CABALLE              | 32 ABM |       | Individual                     | Madrid                 | 2:44:31       | 0:20:17   | 0:51:05   | 0:54:18   | 1:22:21   | 1:45:00   | 2:14:46   |
| 33  | 67  | Juan Antonio CRISTOBAL GONZALEZ | 33 ABM | VAM14 | Club Atletismo Velilla De San  | Velilla De San Antonio | 2:44:54       | 0:20:28   | 0:50:52   | 0:54:15   | 1:20:21   | 1:44:43   | 2:12:05   |
| 34  | 92  | Diego DIEZ DE LA FUENTE         | 34 ABM |       | Individual                     | Peñafiel               | 2:45:36       | 0:21:55   | 0:54:23   | 0:57:53   | 1:26:20   | 1:49:55   | 2:18:32   |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo 26K - Orden De Llegada

### Finalizados

| Pto   | Dor | NOMBRE y APELLIDOS          | pº ABS | CAT pº | CLUB                           | Localidad            | TIEMPO Penal. | P Control 1 | P Control 2 | P Control 3 | P Control 4 | P Control 5 | P Control 6 |
|---|-----|-----------------------------|--------|--------|--------------------------------|----------------------|---------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 35  | 40  | Javier LACRUZ HERRERA       | 35 ABM | VAM15  | Club Deportivo Guadatrail      | Guadalajara          | 2:45:39       | 0:21:22     | 0:54:19     | 0:57:51     | 1:26:55     | 1:50:47     | 2:18:49     |
| 36  | 2   | Ruben VILLAVERDE PEÑA       | 36 ABM | VAM16  | Clinicas Cres Team             | Tres Cantos          | 2:46:02       | 0:20:17     | 0:51:57     | 0:55:24     | 1:23:40     | 1:48:45     | 2:18:50     |
| 37  | 186 | Ivan URROZ GUTIERREZ        | 37 ABM | VAM17  | Hayri & Nawen Team             | Fuenlabrada          | 2:46:23       | 0:21:44     | 0:54:17     | 0:57:49     | 1:26:48     | 1:50:45     | 2:19:00     |
| 38  | 149 | Henar LAZARO CANDELA        | 1 ABF  | VAF1   | Cerro Del Bu                   | Toledo               | 2:46:45       | 0:22:22     | 0:56:32     | 0:59:51     | 1:30:18     | 1:54:05     | 2:21:50     |
| 39  | 119 | Jesus CABREJAS ARTOLA       | 38 ABM | VBM3   | G.m. La Acebeda                | San Ildefonso        | 2:47:37       | 0:22:18     | 0:56:04     | 0:59:33     | 1:28:27     | 1:53:06     | 2:21:42     |
| 40  | 177 | Ana Cristina CONSTANTIN     | 2 ABF  | VAF2   | Cde Perlas Triatlón Colmenar V | Madrid               | 2:49:11       | 0:23:08     | 0:57:43     | 1:01:08     | 1:31:03     | 1:54:52     | 2:22:08     |
| 41  | 74  | Isaias SANABRIA DONOSO      | 39 ABM | VAM18  | Plan2fit                       | Madrid               | 2:49:36       | 0:22:05     | 0:57:00     | 1:00:32     | 1:30:40     | 1:54:24     | 2:22:45     |
| 42  | 178 | Jose Luis GRANIZO GALA      | 40 ABM | VBM4   | Todovertical V+                | Las Rozas            | 2:50:02       | 0:22:23     | 0:55:36     | 0:59:21     | 1:29:19     | 1:55:39     | 2:24:07     |
| 43  | 137 | Daniel DEL MORAL OLIVA      | 41 ABM | VBM5   | Alalpardo Running Team         | Paracuellos Del Jara | 2:50:07       | 0:22:06     | 0:56:06     | 0:59:40     | 1:29:48     | 1:55:04     | 2:24:06     |
| 44  | 144 | David GARCIA MARTINEZ       | 42 ABM | VAM19  | Culofinos Team                 | Torrejon De Ardoz    | 2:50:16       | 0:22:13     | 0:57:03     | 1:00:40     | 1:30:57     | 1:55:23     | 2:24:03     |
| 45  | 129 | Emilio BLAZQUEZ             | 43 ABM |        | Trailwalkers                   | Madrid               | 2:52:10       | 0:21:48     | 0:54:29     | 0:58:08     | 1:28:23     | 1:55:15     | 2:24:33     |
| 46  | 192 | Fernando FELIPE CUADRILLERO | 44 ABM | VAM20  | C.a. Guadarrama                | Guadarrama           | 2:53:26       | 0:23:26     | 0:57:47     | 1:01:13     | 1:31:14     | 1:55:45     | 2:26:44     |
| 47  | 51  | Jesus MARTIN SAEZ           | 45 ABM | VAM21  | Individual                     | Alcala De Henares    | 2:53:53       | 0:21:25     | 0:55:30     | 0:59:31     | 1:30:10     | 1:56:37     | 2:26:40     |
| 48  | 8   | Pilar SAIZ PEÑA             | 3 ABF  |        | Independiente                  | Madrid               | 2:54:01       | 0:22:39     | 0:57:45     | 1:01:46     | 1:32:38     | 1:58:51     | 2:27:38     |
| 49  | 31  | Unai CALAHORRA ROMILLO      | 46 ABM | VAM22  | Tronchajaras Trail Team        | Torrelaguna          | 2:55:04       | 0:22:00     | 0:56:57     | 1:00:15     | 1:31:07     | 1:55:48     | 2:26:48     |
| 50  | 6   | Fernando GALLEGO GALLEGO    | 47 ABM |        | Individual                     | Rivas Vaciamadrid    | 2:55:43       | 0:22:17     | 0:57:07     | 1:00:52     | 1:30:49     | 1:56:04     | 2:27:44     |
| 51  | 253 | Alberto PASTOR ESTEBAN      | 48 ABM | VBM6   | Garlic B2b                     | Madrid               | 2:55:52       | 0:23:01     | 0:57:20     | 1:01:37     | 1:32:36     | 1:59:00     | 2:28:44     |
| 52  | 142 | Pedro PINEDO SIERRA         | 49 ABM |        | Corretrail Cuenca              | Cuenca               | 2:56:03       | 0:23:18     | 0:59:35     | 1:03:04     | 1:34:23     | 2:00:14     | 2:28:42     |
| 53  | 183 | Sergio PENA SANIN           | 50 ABM |        | Brave Bulls                    | Madrid               | 2:56:18       | 0:21:46     | 0:55:54     | 0:59:39     | 1:29:12     | 1:54:57     | 2:26:42     |
| 54  | 68  | Angel CALLE CRUZ            | 51 ABM | VAM23  | Gea                            | Madrid               | 2:56:22       | 0:22:20     | 0:56:51     | 1:00:27     | 1:31:24     | 1:57:50     | 2:28:31     |
| 55  | 104 | Jose Antonio GARCIA SAIZ    | 52 ABM | VAM24  | Corretrail Cuenca              | Cuenca               | 2:57:01       | 0:23:18     | 0:57:50     | 1:01:15     | 1:34:26     | 2:00:03     | 2:30:11     |
| 56  | 179 | Blanca CARRALERO ROCA       | 4 ABF  |        | Independiente                  | Valdemorillo         | 2:57:09       | 0:24:10     | 1:00:07     | 1:03:32     | 1:35:38     | 2:00:26     | 2:29:51     |
| 57  | 180 | Eduardo FERNANDEZ MARTIN    | 53 ABM | VAM25  | Independiente                  | El Escorial          | 2:57:13       | 0:24:09     | 1:00:12     | 1:03:35     | 1:35:25     | 2:00:27     | 2:29:45     |
| 58  | 209 | Gabriel HERNANDEZ COPADO    | 54 ABM | VBM7   | Asociacion Atletica Moratalaz  | España               | 2:58:18       | 0:22:59     | 0:57:17     | 1:01:35     | 1:32:34     | 1:59:42     | 2:29:50     |
| 59  | 128 | Roberto FERNANDEZ MAGAN     | 55 ABM | VBM8   | Club Atletismo Las Rozas       | Las Rozas            | 2:59:03       | 0:23:06     | 0:58:09     | 1:01:38     | 1:33:51     | 1:59:10     | 2:30:43     |
| 60  | 232 | Javier DEL RIO ARAUZO       | 56 ABM |        | Brave Bulls                    | Rivas Vaciamadrid    | 2:59:25       | 0:22:58     | 0:55:44     | 0:58:34     | 1:30:39     | 1:54:28     | 2:26:43     |
| 61  | 99  | Ricardo RUIZ CAMINO         | 57 ABM |        | Independiente                  | Valdemoro            | 2:59:50       | 0:26:29     | 1:02:17     | 1:06:09     | 1:38:15     | 2:05:29     | 2:34:34     |
| No pasa control de salida, pendiente revisión |     |                             |        |        |                                |                      |               |             |             |             |             |             |             |
| 62  | 135 | Maria GONZALEZ GARCIA       | 5 ABF  | VAF3   | Alalpardo Running Team         | Daganzo De Arriba    | 3:00:56       | 0:23:21     | 0:59:17     | 1:02:56     | 1:35:10     | 2:00:40     | 2:32:28     |
| 63  | 17  | Sergio CHACON ALONSO        | 58 ABM | VAM26  | Individual                     | El Casar             | 3:01:01       | 0:23:24     | 0:59:32     | 1:02:20     | 1:35:08     | 2:00:50     | 2:32:30     |
| 64  | 172 | Lluís CORDON BARRIS         | 59 ABM |        | Todovertical V+                | Las Rozas            | 3:01:10       | 0:23:00     | 1:00:16     | 1:03:36     | 1:35:23     | 2:01:31     | 2:33:26     |
| 65  | 59  | Javier CATALAN HERRERO      | 60 ABM | VAM27  | Individual                     | Madrid               | 3:01:25       | 0:23:38     | 0:59:36     | 1:03:07     | 1:35:16     | 2:00:53     | 2:31:07     |
| 66  | 37  | Fernando DUQUE DE ESTRADA   | 61 ABM | VAM28  | Individual                     | Madrid               | 3:01:44       | 0:24:38     | 1:01:25     | 1:04:43     | 1:38:03     | 2:03:24     | 2:34:17     |
| 67  | 203 | Ivan CONDADO CONDE          | 62 ABM | VAM29  | Alkayata Riders                | Fuenlabrada          | 3:03:10       | 0:23:29     |             |             |             |             |             |

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## Trail Largo 26K - Orden De Llegada

### Finalizados

| Pto | Dor | NOMBRE y APELLIDOS            | pº ABS | CATpº | CLUB                       | Localidad             | TIEMPO Penal. | P Control | P Control | P Control | P Control | P Control | P Control |
|-----|-----|-------------------------------|--------|-------|----------------------------|-----------------------|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
|     |     |                               |        |       |                            |                       |               | 1         | 2         | 3         | 4         | 5         | 6         |
| 68  | 114 | Jorge CAMPOS SERRANO          | 63 ABM |       | Todovertical V+            | Parla                 | 3:03:47       | 0:23:37   | 1:01:07   | 1:04:34   | 1:36:37   | 2:03:08   | 2:33:37   |
| 69  | 97  | Edu VALDES JIMENEZ            | 64 ABM |       | Individual                 | Madrid                | 3:05:43       | 0:25:26   | 1:02:33   | 1:06:29   | 1:39:51   | 2:09:09   | 2:41:41   |
| 70  | 79  | Santiago GARCIA MUÑOZ CORDOBA | 65 ABM | VBM9  | Independiente              | Collado Mediano       | 3:05:56       | 0:24:20   | 1:02:55   | 1:06:36   | 1:39:43   | 2:06:00   | 2:37:22   |
| 71  | 76  | Juan Pedro FERREZ TEJEDA      | 66 ABM | VAM30 | Todovertical V+            | La Cabrera            | 3:06:16       | 0:24:24   | 1:01:57   | 1:05:23   | 1:39:48   | 2:06:16   | 2:37:04   |
| 72  | 204 | Hector RODRIGUEZ GONZALEZ     | 67 ABM | VAM31 | Alkayata Riders            | Madrid                | 3:06:31       | 0:25:21   | 1:02:26   | 1:06:28   | 1:39:46   | 2:06:35   | 2:38:20   |
| 73  | 194 | Sergio LAYOS LOPEZ            | 68 ABM | VAM32 | Corre Corre Que Te Pillo   | Alcala De Henares     | 3:07:32       | 0:23:33   | 1:00:21   | 1:03:38   | 1:38:13   | 2:04:20   | 2:37:11   |
| 74  | 71  | Iñigo ALVAREZ CALLEJA         | 69 ABM | JNM1  | Individual                 | Torrelaguna           | 3:07:35       | 0:23:35   | 1:00:52   | 1:04:27   | 1:37:52   | 2:04:17   | 2:38:01   |
| 75  | 96  | Paulo NAUMANN                 | 70 ABM | VAM33 | Mt3 Madrid Trail           | Madrid                | 3:08:19       | 0:27:22   | 1:03:57   | 1:07:53   | 1:42:26   | 2:10:43   | 2:40:36   |
| 76  | 4   | Antonio SANCHEZ-CASCADO NOGAL | 71 ABM | VAM34 | Individual                 | Illescas              | 3:10:35       | 0:24:11   | 1:01:23   | 1:05:05   | 1:38:54   | 2:06:39   | 2:40:55   |
| 77  | 113 | Fran MUÑOZ CASTILLO           | 72 ABM |       | Mt3 Madrid Trail           | Torrejon De Ardoz     | 3:11:06       | 0:25:09   | 1:04:05   | 1:08:07   | 1:43:03   | 2:11:14   | 2:43:02   |
| 78  | 58  | Ricardo TEJEDOR MUNUERA       | 73 ABM | VAM35 | Mt3 Madrid Trail           | San Agustin Del Guad  | 3:11:16       | 0:27:18   | 1:07:38   | 1:11:17   | 1:47:42   | 2:14:06   | 2:44:35   |
| 79  | 69  | Andres MUELA RANGIL           | 74 ABM | VBM10 | Individual                 | Getafe                | 3:11:38       | 0:23:34   | 0:59:39   | 1:03:10   | 1:37:31   | 2:05:08   | 2:38:24   |
| 80  | 70  | Eduardo RAMIREZ HERRAIZ       | 75 ABM |       | Neostrail                  | Arcas                 | 3:11:42       | 0:24:07   | 1:01:38   | 1:05:47   | 1:41:05   | 2:10:36   | 2:42:31   |
| 81  | 73  | Javier LOZANO SANCHEZ         | 76 ABM | VAM36 | Individual                 | Oviedo                | 3:11:50       |           |           |           |           |           |           |
| 82  | 201 | Daniel RICHART SANCHEZ-SECO   | 77 ABM |       | Independiente              | Daganzo De Arriba     | 3:11:52       | 0:24:40   | 0:59:37   | 1:03:08   | 1:34:07   | 2:00:06   | 2:34:47   |
| 83  | 85  | Oscar Jose VAZQUEZ RODRIGUEZ  | 78 ABM | VBM11 | Independiente              | Alcala De Henares     | 3:12:12       | 0:25:17   | 1:02:51   | 1:06:34   | 1:39:41   | 2:07:22   | 2:41:20   |
| 84  | 123 | Noelia SEPULVEDA CASTILLO     | 6 ABF  | VAF4  | Corretrail Cuenca          | Cuenca                | 3:12:17       | 0:25:54   | 1:04:30   | 1:08:28   | 1:43:49   | 2:11:37   | 2:43:10   |
| 85  | 156 | David FERNANDEZ JODAR         | 79 ABM |       | Walk And Run Illescas      | Illescas              | 3:12:29       | 0:24:16   | 1:01:36   | 1:05:10   | 1:38:58   | 2:07:03   | 2:41:09   |
| 86  | 189 | Alberto MENENDEZ SUAREZ       | 80 ABM | VAM37 | Tribu Trail                | Madrid                | 3:12:59       | 0:24:07   | 1:02:24   | 1:06:26   | 1:39:15   | 2:08:14   | 2:41:28   |
| 87  | 29  | Cesar GARCIA PEÑACOBIA        | 81 ABM | VAM38 | Independiente              | Rozas De Madrid (las) | 3:13:26       | 0:24:39   | 1:03:08   | 1:07:32   | 1:41:08   | 2:10:24   | 2:42:38   |
| 88  | 174 | Eduardo GONZALEZ GUTIERREZ    | 82 ABM |       | Independiente              | Madrid                | 3:14:05       | 0:26:31   | 1:04:51   | 1:08:38   | 1:44:52   | 2:12:11   | 2:44:31   |
| 89  | 95  | Alvaro LUENGO ENCINAS         | 83 ABM |       | Tronchajaras Trail Team    | Torrelaguna           | 3:15:16       | 0:23:10   | 1:00:11   | 1:03:33   | 1:37:02   | 2:04:27   | 2:42:19   |
| 90  | 244 | Fernando SANTOS MARTIN        | 84 ABM | VAM39 | Independiente              | Hoyo De Manzanares    | 3:15:20       | 0:24:03   | 1:01:55   | 1:06:00   | 1:39:20   | 2:09:02   | 2:42:24   |
| 91  | 72  | Elena MARTICORENA GRANIZO     | 7 ABF  |       | Tribu Trail                | Majadahonda           | 3:16:02       | 0:24:22   | 1:03:10   | 1:07:34   | 1:42:14   | 2:11:26   | 2:44:49   |
| 92  | 117 | Juan Carlos LORENZO TORREIRA  | 85 ABM | VBM12 | Mrm.montaña.running        | Sevilla La Nueva      | 3:16:15       | 0:24:56   | 1:04:10   | 1:08:14   | 1:42:20   | 2:10:39   | 2:44:08   |
| 93  | 213 | Manuel SANCHEZ PARDO          | 86 ABM | VBM13 | G.m. La Acebeda            | Parque Robledo        | 3:16:53       | 0:23:24   | 1:01:59   | 1:06:04   | 1:40:59   | 2:09:32   | 2:43:48   |
| 94  | 250 | Iñigo ESTEBAN MARINA          | 87 ABM |       | Individual                 | Pozuelo De Alarcon    | 3:18:15       | 0:25:33   | 1:02:34   | 1:06:31   | 1:40:14   | 2:09:10   | 2:43:06   |
| 95  | 158 | Jose Maria MARTINEZ AGUADO    | 88 ABM | VAM40 | Cuñad@s De Barjacoba       | Valdemoro             | 3:18:21       | 0:24:34   | 1:03:26   |           | 1:43:37   | 2:13:02   | 2:47:53   |
| 96  | 34  | Amanda MARTINEZ MARTINEZ      | 8 ABF  |       | Estilo Alpino              | Cuenca                | 3:18:29       | 0:25:47   | 1:04:59   | 1:08:44   | 1:43:54   | 2:12:35   | 2:46:56   |
| 97  | 163 | David MORENO VALERO           | 89 ABM | VAM41 | Dlc Trail Team             | Madrid                | 3:18:47       | 0:28:44   | 1:07:18   | 1:11:14   | 1:47:02   | 2:14:47   | 2:48:04   |
| 98  | 115 | David LOPEZ RUESTRA           | 90 ABM | VAM42 | De Madrid Al Trail         | Madrid                | 3:19:03       | 0:27:13   | 1:05:56   | 1:10:09   | 1:44:26   | 2:15:23   | 2:48:28   |
| 99  | 234 | Miguel Angel SANTOS MUÑOZ     | 91 ABM | VAM43 | Independiente              | Alcala De Henares     | 3:19:11       | 0:27:34   | 1:06:40   | 1:10:48   | 1:47:06   | 2:16:58   | 2:49:49   |
| 100 | 24  | Alberto VELADO JERONIMO       | 92 ABM | VAM44 | Independiente              | Alcala De Henares     | 3:19:15       | 0:27:33   | 1:06:50   | 1:10:49   | 1:47:13   | 2:16:57   | 2:49:51   |
| 101 | 215 | Miguel Angel SERRANO PEREZ    | 93 ABM | VBM14 | Club At Mejorada Del Campo | Mejorada Del Campo    | 3:19:37       | 0:26:17   | 1:05:59   | 1:10:43   | 1:45:20   | 2:15:47   | 2:48:30   |



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## Trail Largo 26K - Orden De Llegada

### Finalizados

| Pto | Dor        | NOMBRE y APELLIDOS                | pº ABS  | CATpº | CLUB                           | Localidad            | TIEMPO Penal.  | P Control | P Control | P Control | P Control | P Control | P Control |
|-----|------------|-----------------------------------|---------|-------|--------------------------------|----------------------|----------------|-----------|-----------|-----------|-----------|-----------|-----------|
|     |            |                                   |         |       |                                |                      |                | 1         | 2         | 3         | 4         | 5         | 6         |
| 102 | <b>202</b> | Jose Tomas GINES ALGABA           | 94 ABM  |       | Mrm Montaña Running            | Madrid               | <b>3:20:02</b> | 0:25:51   | 1:05:02   | 1:08:51   | 1:45:24   | 2:14:24   | 2:48:50   |
| 103 | <b>199</b> | Javier BLASCO BERNALDEZ           | 95 ABM  | VAM45 | Individual                     | Madrid               | <b>3:20:29</b> | 0:27:00   | 1:07:16   | 1:10:36   | 1:46:06   | 2:15:15   | 2:49:47   |
| 104 | <b>36</b>  | Santiago DE LA O MORA             | 96 ABM  | VAM46 | Independiente                  | Ciudad Real          | <b>3:20:33</b> | 0:26:28   | 1:06:07   | 1:10:22   | 1:45:00   | 2:13:46   | 2:47:23   |
| 105 | <b>162</b> | Diego RUIZ HERNANDEZ              | 97 ABM  |       | Alcarriatrekking               | Madrid               | <b>3:20:42</b> | 0:26:41   | 1:06:03   | 1:10:10   | 1:46:12   | 2:15:11   | 2:50:08   |
| 106 | <b>23</b>  | Horacio BLANCO MORENO             | 98 ABM  | VAM47 | Individual                     | Madrid               | <b>3:20:56</b> | 0:25:21   | 1:04:15   | 1:09:07   | 1:43:19   | 2:15:17   | 2:49:57   |
| 107 | <b>191</b> | Carlo ALVAREZ                     | 99 ABM  |       | Albuca C.a                     | Madrid               | <b>3:21:28</b> | 0:25:57   | 1:05:46   | 1:09:14   | 1:45:53   | 2:13:10   | 2:47:43   |
| 108 | <b>164</b> | Jorge SANCHO MARTIN               | 100 ABM | VAM48 | Individual                     | Madrid               | <b>3:21:58</b> | 0:27:05   | 1:06:28   | 1:10:24   | 1:45:04   | 2:13:55   | 2:49:02   |
| 109 | <b>140</b> | Jose YELAMOS PEREIRO              | 101 ABM | VAM49 | La Cabrera                     | La Cabrera           | <b>3:22:06</b> | 0:27:19   | 1:10:25   | 1:13:35   | 1:47:56   | 2:16:55   | 2:51:24   |
| 110 | <b>198</b> | Carlos BLASCO MARHUENDA           | 102 ABM | VAM50 | Individual                     | Galapagar            | <b>3:22:15</b> | 0:26:58   | 1:07:19   | 1:11:12   | 1:45:27   | 2:14:44   | 2:49:47   |
| 111 | <b>219</b> | Borja SANTOS PORRAS               | 103 ABM | VAM51 | Atletico Pucela                | Madrid               | <b>3:23:38</b> | 0:27:24   | 1:08:00   | 1:12:14   | 1:50:35   | 2:18:19   | 2:51:02   |
| 112 | <b>98</b>  | Alberto GARCIA FERNANDEZ          | 104 ABM |       | The Bear Outdoor               | Arganda Del Rey      | <b>3:23:44</b> | 0:27:15   | 1:06:29   | 1:10:26   | 1:46:08   | 2:16:47   | 2:51:01   |
| 113 | <b>254</b> | Fernando PEREZ MARTIN             | 105 ABM | VAM52 | Tronchajaras Trail Team        | Torrelaguna          | <b>3:23:51</b> | 0:25:37   | 1:04:02   | 1:07:38   | 1:44:38   | 2:13:31   | 2:50:02   |
| 114 | <b>62</b>  | Sendoa ZURRO HERNANDEZ            | 106 ABM |       | Neostrail                      | Cuenca               | <b>3:24:05</b> | 0:26:27   | 1:07:07   | 1:10:56   | 1:48:19   | 2:17:18   | 2:51:55   |
| 115 | <b>145</b> | Sandra PEREZ DEL AMO              | 9 ABF   |       | Independiente                  | Villalbilla          | <b>3:24:10</b> | 0:26:31   | 1:05:54   | 1:10:06   | 1:46:04   | 2:17:31   | 2:51:59   |
| 116 | <b>136</b> | Javier PLAZA BOCUÑANO             | 107 ABM | VAM53 | Trailwalkers                   | Madrid               | <b>3:24:18</b> | 0:24:02   | 1:02:36   | 1:06:32   | 1:42:09   | 2:12:09   | 2:48:11   |
| 117 | <b>195</b> | Miguel DE DIEGO VOS               | 108 ABM |       | Find Your Everest Team         | Alcala De Henares    | <b>3:25:17</b> | 0:23:57   | 1:02:08   | 1:07:30   | 1:41:23   | 2:16:00   | 2:52:34   |
| 118 | <b>90</b>  | Carlos ABRIL NAVARRO              | 109 ABM |       | Mas Trainer                    | Madrid               | <b>3:26:29</b> | 0:25:05   | 1:04:45   | 1:08:09   | 1:45:40   | 2:16:05   | 2:52:37   |
| 119 | <b>134</b> | Angel SANCHEZ DIAZ                | 110 ABM | VAM54 | Asociacion Atletica Tirada Lar | Villamanta           | <b>3:28:10</b> | 0:25:59   | 1:06:05   | 1:10:07   | 1:46:54   | 2:16:50   | 2:54:05   |
| 120 | <b>102</b> | Miguel Angel ROMERO ATIENZA       | 111 ABM |       | Tribu Trail                    | Madrid               | <b>3:29:19</b> | 0:27:20   | 1:07:49   | 1:11:44   | 1:51:40   | 2:20:47   | 2:56:52   |
| 121 | <b>101</b> | Daniel PAVON FUENTES              | 112 ABM | VAM55 | Tribu Trail                    | San Fernando         | <b>3:29:22</b> | 0:27:23   | 1:07:50   | 1:11:45   | 1:51:38   | 2:20:49   | 2:56:48   |
| 122 | <b>171</b> | Jose Joaquin DIAZ DE AGUILAR PUIG | 113 ABM |       | Individual                     | Madrid               | <b>3:29:26</b> | 0:25:26   | 1:03:41   | 1:07:51   | 1:42:57   | 2:12:54   | 2:51:17   |
| 123 | <b>87</b>  | Javier FABERO GARRIDO             | 114 ABM |       | Las Cabras Azules              | Madrid               | <b>3:29:53</b> | 0:27:22   | 1:07:46   | 1:12:01   | 1:50:04   | 2:22:14   | 2:56:37   |
| 124 | <b>18</b>  | Carlos CANO OLIVERA               | 115 ABM |       | Peak Trail Academy             | San Fernando De Hen  | <b>3:29:59</b> | 0:28:43   | 1:10:02   | 1:14:46   | 1:51:36   | 2:25:31   | 2:59:34   |
| 125 | <b>41</b>  | Israel PEREZ MAYORAL              | 116 ABM | VAM56 | Alkayata Riders                | Madrid               | <b>3:30:27</b> | 0:28:46   | 1:09:32   | 1:13:31   | 1:50:23   | 2:20:35   | 2:56:33   |
| 126 | <b>122</b> | Javier MOLERO GONZALEZ            | 117 ABM |       | Dlc Trail Team                 | Las Navas Del Marqu  | <b>3:30:40</b> | 0:26:56   | 1:07:43   | 1:11:37   | 1:48:59   | 2:17:59   | 2:55:29   |
| 127 | <b>52</b>  | Jorge IGLESIAS CONTRERAS          | 118 ABM | VBM15 | Tronchajaras Trail Team        | Torrelaguna          | <b>3:30:46</b> | 0:26:41   | 1:07:10   | 1:10:29   | 1:48:17   | 2:17:30   | 2:54:16   |
| 128 | <b>55</b>  | Juan Manuel LARA GARCIA           | 119 ABM | VBM16 | Tronchajaras Trail Team        | Torremoncha Del Jara | <b>3:30:49</b> | 0:26:23   | 1:07:08   | 1:10:28   | 1:48:11   | 2:17:40   | 2:55:59   |
| 129 | <b>56</b>  | Jose Luis SANZ ALONSO             | 120 ABM | VBM17 | Tronchajaras Trail Team        | Torrelaguna          | <b>3:30:52</b> | 0:27:03   | 1:07:12   | 1:11:01   | 1:48:13   | 2:19:56   | 2:56:02   |
| 130 | <b>53</b>  | Miguel Angel PORRAS MORENO        | 121 ABM | VAM57 | Tronchajaras Trail Team        | Torrelaguna          | <b>3:30:54</b> | 0:26:42   | 1:07:11   | 1:10:31   | 1:48:15   | 2:17:55   | 2:54:18   |
| 131 | <b>54</b>  | Jose Antonio ROMERO MARTIN        | 122 ABM | VBM18 | Tronchajaras Trail Team        | Torrelaguna          | <b>3:31:00</b> | 0:26:50   | 1:07:03   | 1:10:27   | 1:48:24   | 2:18:24   | 2:56:02   |
| 132 | <b>166</b> | Jose CHAPARRO SANTOS              | 123 ABM | VBM19 | Individual                     | Rivas Vaciamadrid    | <b>3:31:08</b> | 0:26:07   | 1:08:13   | 1:12:33   | 1:49:58   | 2:20:18   | 2:56:44   |
| 133 | <b>13</b>  | Jose Ramon GARCIA VAZQUEZ         | 124 ABM | VBM20 | Independiente                  | Madrid               | <b>3:31:11</b> | 0:29:16   | 1:13:33   | 1:18:01   | 1:58:15   | 2:29:00   | 3:01:23   |
| 134 | <b>35</b>  | Lola BANDRES CARBALLO             | 10 ABF  | VPF1  | Independiente                  | Madrid               | <b>3:31:54</b> | 0:26:38   | 1:07:01   | 1:10:52   | 1:48:25   | 2:20:51   | 2:57:53   |
| 135 | <b>84</b>  | Paco LAGUNA MARTINEZ              | 125 ABM |       | Individual                     | Madrid               | <b>3:33:31</b> | 0:27:13   | 1:07:20   | 1:11:15   | 1:47:58   | 2:17:37   | 2:55:32   |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo 26K - Orden De Llegada

### Finalizados

| Pto | Dor | NOMBRE y APELLIDOS             | pº ABS  | CATpº | CLUB                           | Localidad            | TIEMPO Penal. | P Control 1 | P Control 2 | P Control 3 | P Control 4 | P Control 5 | P Control 6 |
|-----|-----|--------------------------------|---------|-------|--------------------------------|----------------------|---------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 136 | 7   | Marek SNIEC                    | 126 ABM | VAM58 | Individual                     | Madrid               | 3:33:45       | 0:26:16     | 1:08:07     | 1:11:54     | 1:50:32     | 2:20:54     | 2:59:14     |
| 137 | 237 | Miguel Juan SERRALLER VALDEMOR | 127 ABM | VAM59 | Individual                     | Madrid               | 3:34:12       | 0:28:39     | 1:08:01     | 1:13:27     | 1:48:26     | 2:22:33     | 2:56:18     |
| 138 | 243 | Yiqal GOMEZ SEISDEDOS          | 128 ABM | VAM60 | Rsea Peñalara                  | Boadilla Del Monte   | 3:34:15       | 0:28:41     | 1:08:04     | 1:13:24     | 1:48:23     | 2:22:32     | 2:56:51     |
| 139 | 233 | David LOPEZ GARCIA             | 129 ABM | VAM61 | Dendro Comunidad Trail         | Getafe               | 3:34:35       | 0:27:29     | 1:08:18     | 1:12:38     | 1:51:09     | 2:22:56     | 3:00:40     |
| 140 | 155 | Francisco Jose VICENTE GARCIA  | 130 ABM | VBM21 | Independiente                  | Alpedrete            | 3:35:26       | 0:26:55     | 1:06:53     | 1:10:53     | 1:48:28     | 2:21:36     | 2:59:47     |
| 141 | 11  | Carlos DELGADO PASCUAL         | 131 ABM | VBM22 | Independiente                  | Madrid               | 3:36:23       | 0:28:44     | 1:09:40     | 1:14:34     | 1:53:33     | 2:26:32     | 3:01:34     |
| 142 | 15  | Sergio MARTIN ROMERO           | 132 ABM | VAM62 | Club Marathon Aranjuez         | Aranjuez             | 3:37:17       | 0:27:26     | 1:08:17     | 1:13:08     | 1:52:12     | 2:25:28     | 3:02:39     |
| 143 | 218 | Emilio LOPEZ VALLEJO           | 133 ABM | VAM63 | Individual                     | Madrid               | 3:37:30       | 0:26:19     | 1:05:36     | 1:10:20     | 1:49:07     | 2:26:05     | 3:04:26     |
| 144 | 216 | Jesus MOREIRA ALBO             | 134 ABM | VAM64 | Club Iru Mountain              | San Sebastian De Los | 3:37:52       | 0:27:42     | 1:12:59     | 1:17:09     | 1:56:20     | 2:28:30     | 3:04:41     |
| 145 | 12  | Niko MENDOZA RODRIGUEZ         | 135 ABM | VBM23 | Atletismo Seseña               | Seseña               | 3:38:15       | 0:26:39     | 1:06:48     | 1:10:50     | 1:48:09     | 2:22:29     | 3:01:31     |
| 146 | 230 | Luis Miguel RAMIREZ PILO       | 136 ABM |       | C.c. Caraquiz-uceda            | Uceda                | 3:39:06       | 0:27:07     | 1:08:06     | 1:11:50     | 1:49:56     | 2:21:58     | 3:01:18     |
| 147 | 229 | David RODRIGUEZ GARCIA         | 137 ABM | VAM65 | C.c. Caraquiz-uceda            | Uceda                | 3:39:12       | 0:27:03     | 1:07:48     | 1:11:38     | 1:50:30     | 2:21:55     | 3:01:25     |
| 148 | 138 | Eduardo PEÑA ALMODOVAR         | 138 ABM | VAM66 | Individual                     | Madrid               | 3:39:15       | 0:28:48     | 1:10:37     | 1:15:17     | 1:51:53     | 2:24:22     | 3:02:29     |
| 149 | 143 | Sergio DE LA IGLESIA           | 139 ABM | VBM24 | Individual                     | Madrid               | 3:40:04       | 0:29:34     | 1:13:36     | 1:18:07     | 1:57:21     | 2:29:58     | 3:07:42     |
| 150 | 3   | Jose Manuel ALJARO TIRADO      | 140 ABM |       | Todovertical V+                | 28007                | 3:40:22       | 0:27:16     | 1:11:03     | 1:16:12     | 1:54:44     | 2:29:28     | 3:06:08     |
| 151 | 176 | Angel SALGADO COBO             | 141 ABM | VBM25 | Tierra De Fuego                | Madrid               | 3:40:30       | 0:25:39     | 1:07:13     | 1:11:36     | 1:50:22     | 2:25:50     | 3:04:26     |
| 152 | 19  | Jorge GONZALEZ GARRIDO         | 142 ABM | VAM67 | C.a. El Casar                  | El Casar             | 3:40:51       | 0:26:04     | 1:06:31     | 1:10:46     | 1:47:00     | 2:19:35     | 2:58:53     |
| 153 | 188 | Jose Carlos MARTINEZ COBOS     | 143 ABM | VAM68 | Independiente                  | Fuenlabrada          | 3:41:02       | 0:26:39     | 1:09:54     | 1:14:41     | 1:52:57     | 2:26:53     | 3:05:51     |
| 154 | 132 | Isidro CONTRERAS FERNANDEZ-PEI | 144 ABM | VBM26 | Alcarriatrekking               | Guadalajara          | 3:41:50       | 0:30:53     | 1:10:45     | 1:14:57     | 1:52:06     | 2:23:31     | 3:04:19     |
| 155 | 208 | Luis Enrique QUINTANO ALONSO   | 145 ABM | VBM27 | Rocky                          | Madrid               | 3:42:08       | 0:27:30     | 1:09:36     | 1:13:33     | 1:51:30     | 2:22:34     | 3:02:22     |
| 156 | 148 | Javier GIL MARTINEZ-DARVE      | 146 ABM | VAM69 | Independiente                  | Madrid               | 3:42:12       | 0:28:25     | 1:10:36     | 1:14:58     | 1:55:00     | 2:27:54     | 3:06:20     |
| 157 | 236 | Roberto BAYON LAREDO           | 147 ABM | VAM70 | Tribu Trail                    | Madrid               | 3:42:54       | 0:26:28     | 1:08:41     | 1:12:57     | 1:51:46     | 2:23:29     | 3:02:38     |
| 158 | 103 | Ricardo ARISTONDO              | 148 ABM | VAM71 | Enphorma Triatlon San Agustin  | San Agustin Del Guad | 3:42:56       | 0:26:33     | 1:10:47     | 1:15:27     | 1:54:23     | 2:28:03     | 3:06:44     |
| 159 | 235 | Marisa DIEZ SANCHEZ            | 11 ABF  | VBF2  | Mt3 Madrid Trail               | Coslada              | 3:43:01       | 0:28:38     | 1:12:00     | 1:16:36     | 1:55:50     | 2:29:14     | 3:07:48     |
| 160 | 190 | David DE CASTRO RODRIGUEZ      | 149 ABM | VAM72 | Mt3 Madrid Trail               | Coslada              | 3:43:03       | 0:28:35     | 1:12:01     | 1:16:38     | 1:55:47     | 2:29:27     | 3:07:48     |
| 161 | 196 | Federico CRUZ CARBALLO         | 150 ABM |       | Running Clan                   | Madrid               | 3:44:30       | 0:28:26     | 1:11:43     | 1:16:57     | 1:55:12     | 2:27:48     | 3:07:32     |
| 162 | 217 | Jose JODAR VIDAL               | 151 ABM | VAM73 | Independiente                  | Manzanares El Real   | 3:44:45       | 0:27:27     | 1:08:00     | 1:12:17     | 1:50:59     | 2:24:05     | 3:05:59     |
| 163 | 181 | Alejandro MENOR FERNANDEZ      | 152 ABM | VBM28 | Individual                     | Alcobendas           | 3:44:48       | 0:30:23     | 1:15:05     | 1:19:27     | 1:59:27     | 2:32:16     | 3:11:43     |
| 164 | 86  | Abel PASTOR MIRANDA            | 153 ABM |       | Individual                     | Pinilla De Buitrago  | 3:44:54       | 0:28:03     | 1:11:33     | 1:15:20     | 1:53:45     | 2:26:57     | 3:07:24     |
| 165 | 121 | Berta GONZALEZ ARROYO          | 12 ABF  |       | Dlc Trail Team                 | San Ildefonso        | 3:45:24       | 0:29:27     | 1:13:04     | 1:17:45     | 1:56:45     | 2:29:03     | 3:08:54     |
| 166 | 44  | Juan Carlos MARTOS GARCIA      | 154 ABM | VAM74 | Individual                     | Madrid               | 3:45:30       | 0:27:55     | 1:10:54     | 1:15:29     | 1:56:31     | 2:29:52     | 3:08:23     |
| 167 | 14  | Jaime CAPARROS                 | 155 ABM | VBM29 | Villalobos Running Team Ad Mar | Madrid               | 3:45:58       | 0:28:55     | 1:14:18     | 1:19:15     | 1:59:11     | 2:32:05     | 3:10:42     |
| 168 | 45  | David GARCIA FERNANDEZ         | 156 ABM | VAM75 | Individual                     | Paracuellos De Jaram | 3:46:09       | 0:29:09     | 1:14:30     | 1:19:45     | 1:59:25     | 2:35:46     | 3:12:57     |
| 169 | 125 | Patricia RODRIGUEZ GOMEZ       | 13 ABF  | VAF5  | Trotavila                      | Avila                | 3:46:13       | 0:28:43     | 1:13:23     | 1:18:00     | 1:59:01     | 2:32:58     | 3:11:32     |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo 26K - Orden De Llegada

### Finalizados

| Pto | Dor | NOMBRE y APELLIDOS            | pº ABS  | CAT pº | CLUB                           | Localidad            | TIEMPO Penal. | P Control 1 | P Control 2 | P Control 3 | P Control 4 | P Control 5 | P Control 6 |
|-----|-----|-------------------------------|---------|--------|--------------------------------|----------------------|---------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 170 | 124 | Juan Carlos RODERO PLAZA      | 157 ABM | VBM30  | Trotavila                      | Avila                | 3:46:17       | 0:28:40     | 1:13:21     | 1:17:46     | 1:58:59     | 2:33:00     | 3:11:31     |
| 171 | 16  | Alberto VAQUERO RODRIGUEZ     | 158 ABM | VAM76  | Independiente                  | Madrid               | 3:47:20       | 0:29:18     | 1:13:35     | 1:18:05     | 1:58:23     | 2:33:31     | 3:12:01     |
| 172 | 111 | David ALVAREZ MAROTO          | 159 ABM |        | Individual                     | Alcala De Henares    | 3:49:08       | 0:27:39     | 1:08:44     | 1:13:29     | 1:54:40     | 2:27:12     | 3:08:45     |
| 173 | 112 | Fermin PLATA FRANCO           | 160 ABM |        | Individual                     | Collado Mediano      | 3:49:55       | 0:26:53     | 1:11:45     | 1:16:22     | 1:55:33     | 2:30:53     | 3:10:38     |
| 174 | 47  | Carlos Javier ABAD VIVES      | 161 ABM | VAM77  | Individual                     | Coslada              | 3:50:30       | 0:29:24     | 1:14:29     | 1:18:51     | 2:01:20     | 2:35:44     | 3:15:11     |
| 175 | 207 | Marçal MANZANO MOLINA         | 162 ABM | VAM78  | Independiente                  | Ventas De Retamosa   | 3:51:22       | 0:27:17     | 1:03:59     | 1:08:03     | 1:42:29     | 2:14:27     | 3:07:19     |
| 176 | 210 | David DE GEA LOPEZ            | 163 ABM |        | Independiente                  | Madrid               | 3:51:48       | 0:30:28     | 1:14:12     | 1:18:50     | 1:59:51     | 2:34:48     | 3:12:29     |
| 177 | 80  | Alvaro VERDEJO PEREZ-FLECHA   | 164 ABM |        | Individual                     | Madrid               | 3:52:16       | 0:30:04     | 1:16:09     | 1:19:47     | 2:01:42     | 2:33:06     | 3:15:21     |
| 178 | 251 | Jose Carlos BARROSO MARTINEZ  | 165 ABM | VAM79  | Individual                     | Alcala De Henares    | 3:52:24       | 0:28:22     | 1:12:23     | 1:17:17     | 1:57:01     | 2:35:40     | 3:16:46     |
| 179 | 146 | Hector DIAZ GARCIA            | 166 ABM | VAM80  | Individual                     | Camarma De Esteruel  | 3:52:34       | 0:28:05     | 1:12:19     | 1:17:00     | 1:56:00     | 2:38:42     | 3:16:40     |
| 180 | 245 | Herlynda BESTEIRO MARTINEZ    | 14 ABF  | VAF6   | Triavila                       | Meco                 | 3:52:35       | 0:28:23     | 1:12:17     | 1:17:42     | 1:56:51     | 2:34:45     | 3:14:38     |
| 181 | 168 | Ignacio RASERO COBO DE GUZMAN | 167 ABM | VAM81  | Club De Triatlon Diablillos De | Torrejon De Ardoz    | 3:53:44       | 0:26:43     | 1:06:01     | 1:10:12     | 1:55:04     | 2:37:34     | 3:18:02     |
| 182 | 108 | Raul GILA RETANA              | 168 ABM | VAM82  | Individual                     | Madrid               | 3:54:14       | 0:29:28     | 1:13:25     | 1:17:51     | 1:58:09     | 2:33:28     | 3:14:07     |
| 183 | 206 | Javier GARCIA GARCIA          | 169 ABM | VBM31  | Baldios Running Team           | Aranda De Duero      | 3:57:43       | 0:29:23     | 1:18:30     | 1:22:34     | 2:06:37     | 2:40:45     | 3:22:39     |
| 184 | 61  | Oscar CERECINOS DE VEGA       | 170 ABM | VAM83  | Individual                     | Alcorcon             | 3:57:56       | 0:30:44     | 1:19:30     | 1:24:35     | 2:08:38     | 2:43:55     | 3:23:25     |
| 185 | 248 | Alvaro FERNANDEZ GARCIA       | 171 ABM | VAM84  | Ttrail-tcenter                 | Alcorcon             | 3:58:20       | 0:30:03     | 1:16:27     | 1:20:26     | 2:04:34     | 2:38:46     | 3:21:02     |
| 186 | 57  | Oscar MORAL GIL               | 172 ABM | VBM32  | Todoverical V+                 | Collado Villalba     | 3:58:52       | 0:27:11     | 1:10:58     | 1:15:33     | 1:57:06     | 2:30:43     | 3:15:47     |
| 187 | 83  | Javier SILVA CORREA           | 173 ABM |        | Cde Perlas Triatlon Colmenar V | Colmenar Viejo       | 3:59:16       | 0:29:14     | 1:13:03     | 1:17:32     | 1:58:57     | 2:37:05     | 3:18:57     |
| 188 | 246 | Bela FERMISSON CEINOS         | 15 ABF  |        | Ttrail-tcenter                 | Los Montesinos       | 3:59:21       | 0:30:27     | 1:16:25     | 1:20:22     | 2:04:38     | 2:38:34     | 3:21:05     |
| 189 | 139 | Pedro Jose GOMEZ RODRIGUEZ    | 174 ABM | VAM85  | Mt3 Madrid Trail               | Parla                | 3:59:31       | 0:27:37     | 1:14:02     | 1:19:26     | 2:02:44     | 2:41:59     | 3:22:44     |
| 190 | 22  | Jose Ramon TOLEDO LOPEZ       | 175 ABM | VBM33  | Cde Triboost                   | Villar Del Olmo      | 3:59:41       | 0:28:35     | 1:13:44     | 1:18:41     | 1:58:41     | 2:36:54     | 3:20:48     |
| 191 | 66  | Carolina DIEZ QUIJANO         | 16 ABF  |        | Run&fun                        | Madrid               | 4:01:13       | 0:29:01     | 1:15:14     | 1:21:09     | 2:03:07     | 2:43:08     | 3:23:53     |
| 192 | 65  | Myriam REBOLLO DIAZ           | 17 ABF  | VAF7   | Mamifit                        | Madrid               | 4:01:19       | 0:29:03     | 1:15:12     | 1:21:05     | 2:03:09     | 2:43:32     | 3:23:52     |
| 193 | 187 | Victor DE LUCAS GALINDO       | 176 ABM |        | Individual                     | Fuente El Olmo De Fu | 4:01:24       | 0:29:30     | 1:11:23     | 1:16:32     | 1:56:07     | 2:37:50     | 3:22:29     |
| 194 | 39  | Jose Luis RUIZ ARGUMANEZ      | 177 ABM | VAM86  | Individual                     | Yeles                | 4:03:14       | 0:32:07     | 1:20:59     | 1:26:24     | 2:09:18     | 2:44:18     | 3:25:35     |
| 195 | 43  | Ismael CLAVERIAS ROMERO       | 178 ABM | VAM87  | Individual                     | Esquivias            | 4:06:01       | 0:31:19     | 1:20:51     | 1:26:13     | 2:10:20     | 2:49:06     | 3:29:29     |
| 196 | 42  | Mario MORENO DIAZ MAYORDOMO   | 179 ABM | VAM88  | Individual                     | Yepes                | 4:06:06       | 0:31:25     | 1:20:53     | 1:26:15     | 2:10:14     | 2:48:49     | 3:29:28     |
| 197 | 46  | Juan DOMINGO GAVILAN          | 180 ABM | VAM89  | Cde Perlas Triatlon Colmenar V | Colmenar Viejo       | 4:06:31       | 0:31:57     | 1:19:21     | 1:24:16     | 2:06:11     | 2:42:44     | 3:24:28     |
| 198 | 200 | Fernando SAYAGO RUIZ          | 181 ABM |        | Independiente                  | Beas                 | 4:06:48       | 0:27:11     | 1:10:40     | 1:15:19     | 1:55:14     | 2:32:03     | 3:13:51     |
| 199 | 30  | Ruben LOPEZ TORRES            | 182 ABM | VAM90  | Mañana Mandanga                | Las Rozas            | 4:07:12       | 0:30:37     | 1:16:38     | 1:22:10     | 2:03:15     | 2:42:08     | 3:25:16     |
| 200 | 151 | Alberto A TEIJEIRO PEREZAGUA  | 183 ABM | VBM34  | Bikilamanjaro                  | Toledo               | 4:08:26       | 0:34:55     | 1:20:26     | 1:24:56     | 2:09:35     | 2:46:01     | 3:28:49     |
| 201 | 152 | Susana MONTORO MORENO         | 18 ABF  | VAF8   | Bikilamanjaro                  | Toledo               | 4:08:28       | 0:32:41     | 1:20:29     | 1:25:03     | 2:09:51     | 2:45:13     | 3:28:52     |
| 202 | 10  | Jose Manuel GONZALEZ OTERO    | 184 ABM | VBM35  | Individual                     | Arganda Del Rey      | 4:08:41       | 0:29:59     | 1:17:54     | 1:22:55     | 2:06:46     | 2:44:38     | 3:28:03     |
| 203 | 89  | Vanesa GARCIA ROMERO          | 19 ABF  | VAF9   | Atletico Sanluqueño            | Sanlucar De Barrame  | 4:11:58       | 0:32:50     | 1:20:55     | 1:26:17     | 2:14:00     | 2:50:38     | 3:33:01     |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo 26K - Orden De Llegada

### Finalizados

| Pto | Dor | NOMBRE y APELLIDOS        | pº ABS  | CATpº  | CLUB                  | Localidad           | TIEMPO Penal. | P Control | P Control | P Control | P Control | P Control | P Control |
|-----|-----|---------------------------|---------|--------|-----------------------|---------------------|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
|     |     |                           |         |        |                       |                     |               | 1         | 2         | 3         | 4         | 5         | 6         |
| 204 | 38  | Javier CANDELA GALVEZ     | 185 ABM |        | Individual            | Bargas              | 4:14:43       | 0:31:26   | 1:20:56   | 1:26:19   | 2:10:46   | 2:49:08   | 3:33:26   |
| 205 | 238 | Julio LOPEZ SANCHEZ       | 186 ABM |        | Club Trail Pelegoro   | Madrid              | 4:16:08       | 0:30:59   | 1:20:08   | 1:23:51   | 2:14:09   | 2:51:50   | 3:35:17   |
| 206 | 105 | Luis Alberto MAYOR MORENO | 187 ABM | VAM91  | Individual            | Madrid              | 4:16:32       | 0:31:48   | 1:23:51   | 1:29:45   | 2:11:46   | 2:56:44   | 3:38:52   |
| 207 | 93  | Diego GONZALEZ VILLAR     | 188 ABM |        | Individual            | Boadilla Del Monte  | 4:16:36       | 0:29:25   | 1:16:14   | 1:21:28   | 2:05:30   | 2:47:47   | 3:32:31   |
| 208 | 82  | Denise SCHOPEN            | 20 ABF  |        | Individual            | Madrid              | 4:17:22       | 0:31:50   | 1:17:51   | 1:22:53   | 2:07:26   | 2:50:40   | 3:36:22   |
| 209 | 78  | Adan PARTINGTON           | 189 ABM | VBM36  | Independiente         | Las Rozas De Madrid | 4:19:42       | 0:33:38   | 1:21:28   | 1:26:45   | 2:14:13   | 2:51:05   | 3:37:10   |
| 210 | 197 | Arturo RAINER PAN         | 190 ABM | VBM37  | Rsea Peñalara         | Majadahonda         | 4:19:52       | 0:31:31   | 1:21:31   | 1:26:20   | 2:13:28   | 2:52:59   | 3:36:53   |
| 211 | 107 | Celia LOPEZ GOMEZ         | 21 ABF  | VAF 10 | Atletismo Majadahonda | Majadahonda         | 4:19:55       | 0:31:28   | 1:21:34   | 1:27:00   | 2:14:03   | 2:53:29   | 3:37:00   |
| 212 | 106 | Sonia GARCIA HERNANDEZ    | 22 ABF  | VAF 11 | Atletismo Majadahonda | Majadahonda         | 4:20:00       | 0:31:28   | 1:21:33   | 1:26:21   | 2:13:58   | 2:53:03   | 3:36:47   |
| 213 | 165 | Luis APARICIO IRANZO      | 191 ABM |        | Individual            | Majadahonda         | 4:24:21       | 0:44:20   | 1:30:46   | 1:36:57   | 2:21:25   | 3:01:02   | 4:31:13   |
| 214 | 211 | Elena POPESCU             | 23 ABF  | VBF 3  | Individual            | Navalcarnero        | 4:24:56       | 0:31:48   | 1:21:21   | 1:26:54   | 2:14:02   | 2:54:30   | 3:42:24   |
| 215 | 100 | Lorea REMEDIOS MORAL      | 24 ABF  | VAF 12 | Individual            | Colmenar Viejo      | 4:25:01       | 0:31:23   | 1:20:23   | 1:25:58   | 2:11:09   | 2:54:34   | 3:40:19   |
| 216 | 133 | Victor CASES BATLLES      | 192 ABM | VAM92  | Sca Trail Team        | Madrid              | 4:30:00       | 0:31:04   | 1:23:35   | 1:27:05   | 2:16:37   | 2:57:48   | 3:45:40   |
| 217 | 150 | Carlos RICO RICO          | 193 ABM | VBM38  | Sca Trail Team        | Madrid              | 4:30:00       | 0:31:04   | 1:23:41   | 1:28:10   | 2:16:32   | 2:57:57   | 3:45:39   |

### Fuera de Control (Tiempo > 4h30')

| Pto | Dor | NOMBRE y APELLIDOS           | pº ABS | CATpº | CLUB                  | Localidad   | TIEMPO Penal. | P Control | P Control | P Control | P Control | P Control | P Control |
|-----|-----|------------------------------|--------|-------|-----------------------|-------------|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
|     |     |                              |        |       |                       |             |               | 1         | 2         | 3         | 4         | 5         | 6         |
|     | 185 | Mario GRACIA FERNANDEZ       | ABM    | VBM   | Individual            | Madrid      | 4:33:40       | 0:31:54   | 1:22:32   | 1:28:45   | 2:15:15   | 2:56:58   | 3:46:46   |
|     | 214 | Rafael MORALES SANTOS        | ABM    | VAM   | Individual            | Don Benito  | 4:36:48       | 0:30:56   | 1:22:26   | 1:27:03   | 2:19:41   | 2:59:56   | 3:52:50   |
|     | 110 | Barbara CASADO               | ABF    | VAF   | Atletismo Majadahonda | Majadahonda | 4:37:38       | 0:31:33   | 1:21:46   | 1:27:33   | 2:17:38   | 3:00:01   | 3:49:09   |
|     | 242 | Javier ANCIN MARTINEZ        | ABM    | VBM   | Individual            | Madrid      | 5:05:53       | 0:34:23   | 1:29:51   | 1:38:18   | 2:30:54   |           | 4:14:57   |
|     | 240 | Ana Maria GALLARDO GUTIERREZ | ABF    | VBF   | Individual            | Alcorcon    | 5:05:57       | 0:38:34   | 1:35:40   | 1:42:16   | 2:34:04   |           |           |
|     | 239 | Francisco Javier GARCIA MOYA | ABM    | VBM   | Dlc Trail Team        | Alcorcon    | 5:05:58       | 0:38:35   | 1:35:35   | 1:42:18   | 2:34:07   |           |           |

### Descalificados

| Pto | Dor | NOMBRE y APELLIDOS       | pº ABS  | CATpº | CLUB       | Localidad          | TIEMPO Penal. | P Control | P Control | P Control | P Control | P Control | P Control |
|-----|-----|--------------------------|---------|-------|------------|--------------------|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
|     |     |                          |         |       |            |                    |               | 1         | 2         | 3         | 4         | 5         | 6         |
|     | 26  | Jessica GONZALEZ VALLEJO | 11 ABF  |       | Individual | Madrid             | 3:37:22       | 0:33:25   | 1:28:17   | 1:34:07   | 2:24:13   |           |           |
|     | 25  | Hugo BLAZQUEZ RICO       | 143 ABM | VAM68 | Individual | Talamanca De Jaram | 3:41:24       | 3:04:48   |           |           |           |           |           |

### Retirados

| Pto | Dor | NOMBRE y APELLIDOS     | pº ABS | CATpº | CLUB          | Localidad     | TIEMPO Penal. | P Control | P Control | P Control | P Control | P Control | P Control |
|-----|-----|------------------------|--------|-------|---------------|---------------|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
|     |     |                        |        |       |               |               |               | 1         | 2         | 3         | 4         | 5         | 6         |
|     | 48  | Joshua Simon DICKINSON | ABM    |       | Independiente | Soto Del Real |               | 0:22:25   | 1:03:15   | 1:07:50   |           |           |           |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo 26K - Orden De Llegada

### Retirados

| Pto Dor | NOMBRE y APELLIDOS    | pº ABS | CAT | pº CLUB       | Localidad | TIEMPO Penal. | P Control | P Control | P Control | P Control | P Control | P Control |
|---------|-----------------------|--------|-----|---------------|-----------|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
|         |                       |        |     |               |           |               | 1         | 2         | 3         | 4         | 5         | 6         |
| 21      | Cristina Anca DRAGOTA | ABF    | VBF | Individual    | Madrid    |               |           |           |           |           |           |           |
| 167     | Mario GARRIDO CASTAÑO | ABM    | JNM | Bikilamanjaro | Toledo    |               |           |           |           |           |           |           |

### No Presentados

| Pto Dor | NOMBRE y APELLIDOS             | pº ABS | CAT | pº CLUB                | Localidad             | TIEMPO Penal. | P Control | P Control | P Control | P Control | P Control | P Control |
|---------|--------------------------------|--------|-----|------------------------|-----------------------|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
|         |                                |        |     |                        |                       |               | 1         | 2         | 3         | 4         | 5         | 6         |
| 1       | Delfin SANCHEZ CURTO           | ABM    | VAM | Individual             | El Casar              |               |           |           |           |           |           |           |
| 5       | Jose Luis FERNANDEZ PALOMO     | ABM    |     | Pandemias              | Robledondo            |               |           |           |           |           |           |           |
| 27      | Wilson Mauricio MEDINA BELLO   | ABM    | VBM | Individual             | Alcala De Henares     |               |           |           |           |           |           |           |
| 60      | Julio DOMINGUEZ MUÑOZ          | ABM    |     | Individual             | Fuenlabrada           |               |           |           |           |           |           |           |
| 63      | Luis CASARRUBIO POZA           | ABM    |     | C.d. La Boveda         | Madrid                |               |           |           |           |           |           |           |
| 64      | Fabian GONZALEZ GONZALEZ       | ABM    | VAM | Todotorrezno Team      | Fuentespina           |               |           |           |           |           |           |           |
| 75      | Aser CALLEJA ESTEBAN           | ABM    | VAM | Todotorrezno Team      | Aranda De Duero       |               |           |           |           |           |           |           |
| 81      | Fernando BARAHONA              | ABM    | VBM | Desam.es               | Cercedilla            |               |           |           |           |           |           |           |
| 91      | Miquel FERNANDEZ SANZ          | ABM    |     | Individual             | Becerril De La Sierra |               |           |           |           |           |           |           |
| 94      | Teofilo Manuel SANCHEZ SANCHEZ | ABM    |     | Cd Tridan              | Alcala De Henares     |               |           |           |           |           |           |           |
| 116     | Oscar MARAÑON SANCHEZ          | ABM    | VBM | Independiente          | Madrid                |               |           |           |           |           |           |           |
| 120     | Jose Maria CAMPOS ROMAN        | ABM    | VAM | Individual             | Malaga                |               |           |           |           |           |           |           |
| 131     | Borja PEREZ GOMEZ              | ABM    | VBM | Sca Trail Team         | Valdemoro             |               |           |           |           |           |           |           |
| 160     | Fernando SARNAGO CEBADA        | ABM    | VAM | Individual             | Pozuelo De Alarcon    |               |           |           |           |           |           |           |
| 161     | Angel Luis GARRIDO PEREZ       | ABM    | VBM | Independiente          | Madrid                |               |           |           |           |           |           |           |
| 170     | Juan Carlos PLATERO MARTINEZ   | ABM    | VBM | Independiente          | Peñafiel              |               |           |           |           |           |           |           |
| 220     | Antonio SANCHEZ-CASCADO NOGAL  | ABM    | VAM | Individual             | Illescas              |               |           |           |           |           |           |           |
| 221     | Sergio PLANET SERRANO          | ABM    |     | 3style Triatlon        | Pozuelo De Alarcon    |               |           |           |           |           |           |           |
| 222     | Carlos DELGADO PASCUAL         | ABM    | VBM | Independiente          | Madrid                |               |           |           |           |           |           |           |
| 223     | Ansel GARCIA GARCIMARTIN       | ABM    | VAM | Runners&beers          | Torrelaguna           |               |           |           |           |           |           |           |
| 224     | Angel JIMENEZ MORENO           | ABM    | VAM | Flacos Fuertes         | Guadalajara           |               |           |           |           |           |           |           |
| 225     | Javier GIL MARTINEZ-DARVE      | ABM    | VAM | Independiente          | Madrid                |               |           |           |           |           |           |           |
| 226     | Fernando HERNANDEZ MONFORT     | ABM    | VAM | Dentro Comunidad Trail | San Sebastian De Los  |               |           |           |           |           |           |           |
| 227     | Francisco Jose VICENTE GARCIA  | ABM    | VBM | Independiente          | Alpedrete             |               |           |           |           |           |           |           |
| 228     | Miquel DE DIEGO VOS            | ABM    |     | Find Your Everest Team | Alcala De Henares - 2 |               |           |           |           |           |           |           |
| 255     | Mar SACRISTAN                  | ABF    | VAF | Independiente          | Collado Villalba      |               |           |           |           |           |           |           |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo - Tramo Descenso

### ABSOLUTA FEMENINA ()

| Pto | Dor | NOMBRE APELLIDOS           | Pº sex | CAT CLUB                    | T inicio | T fin   | TIEMPO  |
|-----|-----|----------------------------|--------|-----------------------------|----------|---------|---------|
| 1   | 149 | Henar LAZARO CANDELA       | 1 VAF  | CERRO DEL BU                | 0:56:32  | 0:59:51 | 0:03:19 |
| 2   | 177 | Ana Cristina CONSTANTIN    | 2 VAF  | CDE PERLAS TRIATLON COLMENA | 0:57:43  | 1:01:08 | 0:03:25 |
| 3   | 179 | Blanca CARRALERO ROCA      | 4 ABF  | INDEPENDIENTE               | 1:00:07  | 1:03:32 | 0:03:25 |
| 4   | 135 | Maria GONZALEZ GARCIA      | 5 VAF  | ALALPARDO RUNNING TEAM      | 0:59:17  | 1:02:56 | 0:03:39 |
| 5   | 34  | Amanda MARTINEZ MARTINEZ   | 8 ABF  | ESTILO ALPINO               | 1:04:59  | 1:08:44 | 0:03:45 |
| 6   | 35  | Lola BANDRES CARBALLO      | 10 VBF | INDEPENDIENTE               | 1:07:01  | 1:10:52 | 0:03:51 |
| 7   | 246 | Bela FERMISSON CEINOS      | 15 ABF | TTRAIL-TCENTER              | 1:16:25  | 1:20:22 | 0:03:57 |
| 8   | 123 | Noelia SEPULVEDA CASTILLO  | 6 VAF  | CORRETRAIL CUENCA           | 1:04:30  | 1:08:28 | 0:03:58 |
| 9   | 8   | Pilar SAIZ PEÑA            | 3 ABF  | INDEPENDIENTE               | 0:57:45  | 1:01:46 | 0:04:01 |
| 10  | 145 | Sandra PEREZ DEL AMO       | 9 ABF  | INDEPENDIENTE               | 1:05:54  | 1:10:06 | 0:04:12 |
| 11  | 72  | Elena MARTICORENA GRANIZO  | 7 ABF  | TRIBU TRAIL                 | 1:03:10  | 1:07:34 | 0:04:24 |
| 12  | 152 | Susana MONTORO MORENO      | 18 VAF | BIKILAMANJARO               | 1:20:29  | 1:25:03 | 0:04:34 |
| 13  | 235 | Marisa DIEZ SANCHEZ        | 11 VBF | MT3 MADRID TRAIL            | 1:12:00  | 1:16:36 | 0:04:36 |
| 14  | 125 | Patricia RODRIGUEZ GOMEZ   | 13 VAF | TROTAVILA                   | 1:13:23  | 1:18:00 | 0:04:37 |
| 15  | 121 | Berta GONZALEZ ARROYO      | 12 ABF | DLC TRAIL TEAM              | 1:13:04  | 1:17:45 | 0:04:41 |
| 16  | 106 | Sonia GARCIA HERNANDEZ     | 22 VAF | ATLETISMO MAJADAHONDA       | 1:21:33  | 1:26:21 | 0:04:48 |
| 17  | 82  | Denise SCHOPEN             | 20 ABF | INDIVIDUAL                  | 1:17:51  | 1:22:53 | 0:05:02 |
| 18  | 89  | Vanessa GARCIA ROMERO      | 19 VAF | ATLETICO SANLUQUEÑO         | 1:20:55  | 1:26:17 | 0:05:22 |
| 19  | 245 | Herlynda BESTEIRO MARTINEZ | 14 VAF | TRIAVILA                    | 1:12:17  | 1:17:42 | 0:05:25 |
| 20  | 107 | Celia LOPEZ GOMEZ          | 21 VAF | ATLETISMO MAJADAHONDA       | 1:21:34  | 1:27:00 | 0:05:26 |
| 21  | 211 | Elena POPESCU              | 23 VBF | INDIVIDUAL                  | 1:21:21  | 1:26:54 | 0:05:33 |
| 22  | 100 | Lorea REMEDIOS MORAL       | 24 VAF | INDIVIDUAL                  | 1:20:23  | 1:25:58 | 0:05:35 |
| 23  | 65  | Myriam REBOLLO DIAZ        | 17 VAF | MAMIFIT                     | 1:15:12  | 1:21:05 | 0:05:53 |
| 24  | 66  | Carolina DIEZ QUIJANO      | 16 ABF | RUN&FUN                     | 1:15:14  | 1:21:09 | 0:05:55 |

### ABSOLUTA MASCULINA ()

| Pto | Dor | NOMBRE APELLIDOS              | Pº sex  | CAT CLUB                   | T inicio | T fin   | TIEMPO  |
|-----|-----|-------------------------------|---------|----------------------------|----------|---------|---------|
| 1   | 153 | Fernando HERNANDEZ MONFORT    | 14 VAM  | DENDRO COMUNIDAD TRAIL     | 0:49:53  | 0:52:24 | 0:02:31 |
| 2   | 159 | Dario AJO MARTIN              | 5 ABM   | DLC TRAIL TEAM             | 0:47:05  | 0:49:51 | 0:02:46 |
| 3   | 33  | Israel FERNANDEZ RIVERO       | 2 VAM   | SUNNE 3HCYCLES             | 0:43:55  | 0:46:42 | 0:02:47 |
| 4   | 130 | Oscar SANCHEZ MARTIN          | 1 ABM   | CORRELINDES DE CEBREROS    | 0:43:57  | 0:46:44 | 0:02:47 |
| 5   | 17  | Sergio CHACON ALONSO          | 58 VAM  | INDIVIDUAL                 | 0:59:32  | 1:02:20 | 0:02:48 |
| 6   | 173 | Joaquin ESTEBARANZ BAUTISTA   | 3 ABM   | TODOVERTICAL V+            | 0:45:34  | 0:48:23 | 0:02:49 |
| 7   | 232 | Javier DEL RIO ARAUZO         | 56 ABM  | BRAVE BULLS                | 0:55:44  | 0:58:34 | 0:02:50 |
| 8   | 169 | Alberto FERNANDEZ ARANGO      | 7 ABM   | BRAVE BULLS                | 0:47:44  | 0:50:35 | 0:02:51 |
| 9   | 182 | Daniel OSMÁ MILLAN            | 30 ABM  | BRAVE BULLS                | 0:55:33  | 0:58:28 | 0:02:55 |
| 10  | 32  | Ansel GARCIA GARCIMARTIN      | 25 VAM  | RUNNERS&BEERS              | 0:53:46  | 0:56:43 | 0:02:57 |
| 11  | 212 | Rony GOMEZ PAYO               | 4 VAM   | DENDRO COMUNIDAD TRAIL     | 0:46:40  | 0:49:38 | 0:02:58 |
| 12  | 241 | Mariano ONTANON               | 18 ABM  | INDEPENDIENTE              | 0:53:41  | 0:56:40 | 0:02:59 |
| 13  | 109 | Pedro ALZAGA PEÑA             | 15 VAM  | C.M.ALTOLLANO              | 0:49:22  | 0:52:26 | 0:03:04 |
| 14  | 118 | Daniel REDONDO ARROYO         | 8 ABM   | TODOVERTICAL V+            | 0:49:18  | 0:52:22 | 0:03:04 |
| 15  | 154 | Ricardo AUÑON VALERO          | 9 ABM   | CORRETRAIL CUENCA          | 0:49:24  | 0:52:28 | 0:03:04 |
| 16  | 141 | Jose Antonio SAÑUDO TEJA      | 12 VBM  | TODOVERTICAL V+            | 0:50:59  | 0:54:05 | 0:03:06 |
| 17  | 49  | Javier APARICIO SACRISTAN     | 20 ABM  | G.M. LA ACEBEDA            | 0:52:35  | 0:55:42 | 0:03:07 |
| 18  | 127 | Fernando MATA FORTUNA         | 16 ABM  | ATLETAS VETERANOS SALAMANC | 0:51:27  | 0:54:37 | 0:03:10 |
| 19  | 140 | Jose YELAMOS PEREIRO          | 101 VAM | LA CABRERA                 | 1:10:25  | 1:13:35 | 0:03:10 |
| 20  | 184 | Francisco Javier AGUA ALBUERA | 6 ABM   | TODOVERTICAL V+            | 0:48:33  | 0:51:45 | 0:03:12 |
| 21  | 205 | Sergio PEREZ ESTEBAN          | 26 VAM  | INDIVIDUAL                 | 0:53:26  | 0:56:39 | 0:03:13 |
| 22  | 247 | Omar MACHI CABALLE            | 32 ABM  | INDIVIDUAL                 | 0:51:05  | 0:54:18 | 0:03:13 |
| 23  | 9   | Federico SIERRA GARCIA        | 24 VBM  | CERRO TRAIL                | 0:54:27  | 0:57:42 | 0:03:15 |
| 24  | 77  | Jorge PALACIOS MORENA         | 10 ABM  | INDIVIDUAL                 | 0:48:43  | 0:51:58 | 0:03:15 |
| 25  | 194 | Sergio LAYOS LOPEZ            | 68 VAM  | CORRE CORRE QUE TE PILLO   | 1:00:21  | 1:03:38 | 0:03:17 |
| 26  | 31  | Unai CALAHORRA ROMILLO        | 46 VAM  | TRONCHAJARAS TRAIL TEAM    | 0:56:57  | 1:00:15 | 0:03:18 |
| 27  | 37  | Fernando DUQUE DE ESTRADA     | 61 VAM  | INDIVIDUAL                 | 1:01:25  | 1:04:43 | 0:03:18 |
| 28  | 50  | Fernando CALDERON DE LA BARCA | 29 VAM  | A.D. GRUPO MONTAÑA PEGASO  | 0:54:35  | 0:57:54 | 0:03:19 |
| 29  | 52  | Jorge IGLESIAS CONTRERAS      | 118 VBM | TRONCHAJARAS TRAIL TEAM    | 1:07:10  | 1:10:29 | 0:03:19 |
| 30  | 126 | Israel MARTINEZ CARPINTERO    | 13 ABM  | CORRETRAIL CUENCA          | 0:50:19  | 0:53:38 | 0:03:19 |
| 31  | 53  | Miguel Angel PORRAS MORENO    | 121 VAM | TRONCHAJARAS TRAIL TEAM    | 1:07:11  | 1:10:31 | 0:03:20 |
| 32  | 55  | Juan Manuel LARA GARCIA       | 119 VBM | TRONCHAJARAS TRAIL TEAM    | 1:07:08  | 1:10:28 | 0:03:20 |
| 33  | 172 | Lluis CORDON BARRIS           | 59 ABM  | TODOVERTICAL V+            | 1:00:16  | 1:03:36 | 0:03:20 |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo - Tramo Descenso

### ABSOLUTA MASCULINA ()

| Pto   | Dor | NOMBRE APELLIDOS                | Pº sex  | CAT CLUB                      | T inicio | T fin   | TIEMPO  |
|---|-----|---------------------------------|---------|-------------------------------|----------|---------|---------|
| 34  | 199 | Javier BLASCO BERNALDEZ         | 95 VAM  | INDIVIDUAL                    | 1:07:16  | 1:10:36 | 0:03:20 |
| 35  | 95  | Alvaro LUENGO ENCINAS           | 83 ABM  | TRONCHAJARAS TRAIL TEAM       | 1:00:11  | 1:03:33 | 0:03:22 |
| 36  | 67  | Juan Antonio CRISTOBAL GONZALEZ | 33 VAM  | CLUB ATLETISMO VELILLA DE SAN | 0:50:52  | 0:54:15 | 0:03:23 |
| 37  | 180 | Eduardo FERNANDEZ MARTIN        | 53 VAM  | INDEPENDIENTE                 | 1:00:12  | 1:03:35 | 0:03:23 |
| 38  | 54  | Jose Antonio ROMERO MARTIN      | 122 VBM | TRONCHAJARAS TRAIL TEAM       | 1:07:03  | 1:10:27 | 0:03:24 |
| 39  | 90  | Carlos ABRIL NAVARRO            | 109 ABM | MAS TRAINER                   | 1:04:45  | 1:08:09 | 0:03:24 |
| 40  | 88  | Ivan ALCAUZA CASANTE            | 28 VAM  | LAS CABRAS AZULES             | 0:54:15  | 0:57:40 | 0:03:25 |
| 41  | 104 | Jose Antonio GARCIA SAIZ        | 52 VAM  | CORRETRAIL CUENCA             | 0:57:50  | 1:01:15 | 0:03:25 |
| 42  | 157 | Xavier BOLOGNA                  | 31 ABM  | INDIVIDUAL                    | 0:54:10  | 0:57:35 | 0:03:25 |
| 43  | 28  | Pablo LIMA CERESO               | 11 VAM  | CLUB TRIATLON MORALZARZAL     | 0:52:00  | 0:55:26 | 0:03:26 |
| 44  | 76  | Juan Pedro FERREZ TEJEDA        | 66 VAM  | TODOVERTICAL V+               | 1:01:57  | 1:05:23 | 0:03:26 |
| 45  | 147 | Jose RUIZ CASTRO                | 27 VAM  | DESAM.ES                      | 0:53:24  | 0:56:50 | 0:03:26 |
| 46  | 175 | Jaime OLIVARES PEREIRA          | 23 VAM  | TIERRA TRAGAME - BANDOLEROS   | 0:54:06  | 0:57:32 | 0:03:26 |
| 47  | 192 | Fernando FELIPE CUADRILLERO     | 44 VAM  | C.A. GUADARRAMA               | 0:57:47  | 1:01:13 | 0:03:26 |
| 48  | 2   | Ruben VILLAVEVERDE PEÑA         | 36 VAM  | CLINICAS CRES TEAM            | 0:51:57  | 0:55:24 | 0:03:27 |
| 49  | 114 | Jorge CAMPOS SERRANO            | 63 ABM  | TODOVERTICAL V+               | 1:01:07  | 1:04:34 | 0:03:27 |
| 50  | 191 | Carlo ALVAREZ                   | 99 ABM  | ALBUCA C.A                    | 1:05:46  | 1:09:14 | 0:03:28 |
| 51  | 231 | Eugenio GALLEGO GARCIA          | 22 ABM  | TRAILXTREM TEAM               | 0:53:57  | 0:57:25 | 0:03:28 |
| 52  | 119 | Jesus CABREJAS ARTOLA           | 38 VBM  | G.M. LA ACEBEDA               | 0:56:04  | 0:59:33 | 0:03:29 |
| 53  | 128 | Roberto FERNANDEZ MAGAN         | 55 VBM  | CLUB ATLETISMO LAS ROZAS      | 0:58:09  | 1:01:38 | 0:03:29 |
| 54  | 142 | Pedro PINEDO SIERRA             | 49 ABM  | CORRETRAIL CUENCA             | 0:59:35  | 1:03:04 | 0:03:29 |
| 55  | 92  | Diego DIEZ DE LA FUENTE         | 34 ABM  | INDIVIDUAL                    | 0:54:23  | 0:57:53 | 0:03:30 |
| 56  | 133 | Victor CASES BATLLES            | 192 VAM | SCA TRAIL TEAM                | 1:23:35  | 1:27:05 | 0:03:30 |
| 57  | 59  | Javier CATALAN HERRERO          | 60 VAM  | INDIVIDUAL                    | 0:59:36  | 1:03:07 | 0:03:31 |
| 58  | 69  | Andres MUELA RANGL              | 74 VBM  | INDIVIDUAL                    | 0:59:39  | 1:03:10 | 0:03:31 |
| 59  | 201 | Daniel RICHART SANCHEZ-SECO     | 77 ABM  | INDEPENDIENTE                 | 0:59:37  | 1:03:08 | 0:03:31 |
| 60  | 40  | Javier LACRUZ HERRERA           | 35 VAM  | CLUB DEPORTIVO GUADATRAIL     | 0:54:19  | 0:57:51 | 0:03:32 |
| 61  | 74  | Isaias SANABRIA DONOSO          | 39 VAM  | PLAN2FIT                      | 0:57:00  | 1:00:32 | 0:03:32 |
| 62  | 186 | Ivan URROZ GUTIERREZ            | 37 VAM  | HAYRI & NAWEN TEAM            | 0:54:17  | 0:57:49 | 0:03:32 |
| 63  | 249 | Carlos Alberto MIGUELEZ MONROY  | 19 VAM  | MT3 MADRID TRAIL              | 0:52:56  | 0:56:29 | 0:03:33 |
| 64  | 137 | Daniel DEL MORAL OLIVA          | 41 VBM  | ALALPARDO RUNNING TEAM        | 0:56:06  | 0:59:40 | 0:03:34 |
| 65  | 156 | David FERNANDEZ JODAR           | 79 ABM  | WALK AND RUN ILLESCAS         | 1:01:36  | 1:05:10 | 0:03:34 |
| 66  | 71  | Iñigo ALVAREZ CALLEJA           | 69 JNM  | INDIVIDUAL                    | 1:00:52  | 1:04:27 | 0:03:35 |
| 67  | 68  | Angel CALLE CRUZ                | 51 VAM  | GEA                           | 0:56:51  | 1:00:27 | 0:03:36 |
| 68  | 254 | Fernando PEREZ MARTIN           | 105 VAM | TRONCHAJARAS TRAIL TEAM       | 1:04:02  | 1:07:38 | 0:03:36 |
| 69  | 144 | David GARCIA MARTINEZ           | 42 VAM  | CULOFINOS TEAM                | 0:57:03  | 1:00:40 | 0:03:37 |
| 70  | 80  | Alvaro VERDEJO PEREZ-FLECHA     | 164 ABM | INDIVIDUAL                    | 1:16:09  | 1:19:47 | 0:03:38 |
| 71  | 58  | Ricardo TEJEDOR MUNUERA         | 73 VAM  | MT3 MADRID TRAIL              | 1:07:38  | 1:11:17 | 0:03:39 |
| 72  | 129 | Emilio BLAZQUEZ                 | 43 ABM  | TRAILWALKERS                  | 0:54:29  | 0:58:08 | 0:03:39 |
| 73  | 79  | Santiago GARCIA MUÑOZ CORDOBA   | 65 VBM  | INDEPENDIENTE                 | 1:02:55  | 1:06:36 | 0:03:41 |
| 74  | 4   | Antonio SANCHEZ-CASCADO NOGALES | 71 VAM  | INDIVIDUAL                    | 1:01:23  | 1:05:05 | 0:03:42 |
| 75  | 85  | Oscar Jose VAZQUEZ RODRIGUEZ    | 78 VBM  | INDEPENDIENTE                 | 1:02:51  | 1:06:34 | 0:03:43 |
| 76  | 238 | Julio LOPEZ SANCHEZ             | 186 ABM | CLUB TRAIL PELEGORO           | 1:20:08  | 1:23:51 | 0:03:43 |
| 77  | 252 | Stefano ZANCAN                  | 17 VAM  | INDIVIDUAL                    | 0:49:04  | 0:52:47 | 0:03:43 |
| 78  | 230 | Luis Miguel RAMIREZ PILO        | 136 ABM | C.C. CARAQUIZ-UCEDA           | 1:08:06  | 1:11:50 | 0:03:44 |
| 79  | 6   | Fernando GALLEGO GALLEGO        | 47 ABM  | INDIVIDUAL                    | 0:57:07  | 1:00:52 | 0:03:45 |
| 80  | 178 | Jose Luis GRANIZO GALA          | 40 VBM  | TODOVERTICAL V+               | 0:55:36  | 0:59:21 | 0:03:45 |
| 81  | 183 | Sergio PENA SANIN               | 50 ABM  | BRAVE BULLS                   | 0:55:54  | 0:59:39 | 0:03:45 |
| 82  | 7   | Marek SNIEC                     | 126 VAM | INDIVIDUAL                    | 1:08:07  | 1:11:54 | 0:03:47 |
| 83  | 86  | Abel PASTOR MIRANDA             | 153 ABM | INDIVIDUAL                    | 1:11:33  | 1:15:20 | 0:03:47 |
| 84  | 174 | Eduardo GONZALEZ GUTIERREZ      | 82 ABM  | INDEPENDIENTE                 | 1:04:51  | 1:08:38 | 0:03:47 |
| 85  | 56  | Jose Luis SANZ ALONSO           | 120 VBM | TRONCHAJARAS TRAIL TEAM       | 1:07:12  | 1:11:01 | 0:03:49 |
| 86  | 62  | Sendoa ZURRO HERNANDEZ          | 106 ABM | NEOSTRAIL                     | 1:07:07  | 1:10:56 | 0:03:49 |
| 87  | 202 | Jose Tomas GINES ALGABA         | 94 VAM  | MRM MONTAÑA RUNNING           | 1:05:02  | 1:08:51 | 0:03:49 |
| 88  | 229 | David RODRIGUEZ GARCIA          | 137 VAM | C.C. CARAQUIZ-UCEDA           | 1:07:48  | 1:11:38 | 0:03:50 |
| 89  | 99  | Ricardo RUIZ CAMINO             | 57 ABM  | INDEPENDIENTE                 | 1:02:17  | 1:06:09 | 0:03:52 |
| No pasa control de salida, pendiente revisión |     |                                 |         |                               |          |         |         |
| 90  | 198 | Carlos BLASCO MARHUENDA         | 102 VAM | INDIVIDUAL                    | 1:07:19  | 1:11:12 | 0:03:53 |
| 91  | 122 | Javier MOLERO GONZALEZ          | 117 ABM | DLC TRAIL TEAM                | 1:07:43  | 1:11:37 | 0:03:54 |
| 92  | 84  | Paco LAGUNA MARTINEZ            | 125 ABM | INDIVIDUAL                    | 1:07:20  | 1:11:15 | 0:03:55 |
| 93  | 101 | Daniel PAVON FUENTES            | 112 VAM | TRIBU TRAIL                   | 1:07:50  | 1:11:45 | 0:03:55 |

# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo - Tramo Descenso

### ABSOLUTA MASCULINA ()

| Pto | Dor | NOMBRE APELLIDOS                         | Pº  | sex | CAT                            | CLUB | T inicio | T fin   | TIEMPO  |
|-----|-----|--|-----|-----|--------------------------------|------|----------|---------|---------|
| 94  | 102 | Miguel Angel ROMERO ATIENZA              | 111 | ABM | TRIBU TRAIL                    |      | 1:07:49  | 1:11:44 | 0:03:55 |
| 95  | 96  | Paulo NAUMANN                            | 70  | VAM | MT3 MADRID TRAIL               |      | 1:03:57  | 1:07:53 | 0:03:56 |
| 96  | 97  | Edu VALDES JIMENEZ                       | 64  | ABM | INDIVIDUAL                     |      | 1:02:33  | 1:06:29 | 0:03:56 |
| 97  | 136 | Javier PLAZA BOCUÑANO                    | 107 | VAM | TRAILWALKERS                   |      | 1:02:36  | 1:06:32 | 0:03:56 |
| 98  | 163 | David MORENO VALERO                      | 89  | VAM | DLC TRAIL TEAM                 |      | 1:07:18  | 1:11:14 | 0:03:56 |
| 99  | 164 | Jorge SANCHO MARTIN                      | 100 | VAM | INDIVIDUAL                     |      | 1:06:28  | 1:10:24 | 0:03:56 |
| 100 | 98  | Alberto GARCIA FERNANDEZ                 | 104 | ABM | THE BEAR OUTDOOR               |      | 1:06:29  | 1:10:26 | 0:03:57 |
| 101 | 208 | Luis Enrique QUINTANO ALONSO             | 145 | VBM | ROCKY                          |      | 1:09:36  | 1:13:33 | 0:03:57 |
| 102 | 250 | Iñigo ESTEBAN MARINA                     | 87  | ABM | INDIVIDUAL                     |      | 1:02:34  | 1:06:31 | 0:03:57 |
| 103 | 24  | Alberto VELADO JERONIMO                  | 92  | VAM | INDEPENDIENTE                  |      | 1:06:50  | 1:10:49 | 0:03:59 |
| 104 | 41  | Israel PEREZ MAYORAL                     | 116 | VAM | ALKAYATA RIDERS                |      | 1:09:32  | 1:13:31 | 0:03:59 |
| 105 | 248 | Alvaro FERNANDEZ GARCIA                  | 171 | VAM | TTRAIL-TCENTER                 |      | 1:16:27  | 1:20:26 | 0:03:59 |
| 106 | 155 | Francisco Jose VICENTE GARCIA            | 130 | VBM | INDEPENDIENTE                  |      | 1:06:53  | 1:10:53 | 0:04:00 |
| 107 | 51  | Jesus MARTIN SAEZ                        | 45  | VAM | INDIVIDUAL                     |      | 0:55:30  | 0:59:31 | 0:04:01 |
| 108 | 12  | Niko MENDOZA RODRIGUEZ                   | 135 | VBM | ATLETISMO SESEÑA               |      | 1:06:48  | 1:10:50 | 0:04:02 |
| 109 | 113 | Fran MUÑOZ CASTILLO                      | 72  | ABM | MT3 MADRID TRAIL               |      | 1:04:05  | 1:08:07 | 0:04:02 |
| 110 | 134 | Angel SANCHEZ DIAZ                       | 110 | VAM | ASOCIACION ATLETICA TIRADA LA  |      | 1:06:05  | 1:10:07 | 0:04:02 |
| 111 | 189 | Alberto MENENDEZ SUAREZ                  | 80  | VAM | TRIBU TRAIL                    |      | 1:02:24  | 1:06:26 | 0:04:02 |
| 112 | 204 | Hector RODRIGUEZ GONZALEZ                | 67  | VAM | ALKAYATA RIDERS                |      | 1:02:26  | 1:06:28 | 0:04:02 |
| 113 | 117 | Juan Carlos LORENZO TORREIRA             | 85  | VBM | MRM.MONTAÑA.RUNNING            |      | 1:04:10  | 1:08:14 | 0:04:04 |
| 114 | 206 | Javier GARCIA GARCIA                     | 169 | VBM | BALDIOS RUNNING TEAM           |      | 1:18:30  | 1:22:34 | 0:04:04 |
| 115 | 207 | Marçal MANZANO MOLINA                    | 162 | VAM | INDEPENDIENTE                  |      | 1:03:59  | 1:08:03 | 0:04:04 |
| 116 | 213 | Manuel SANCHEZ PARDO                     | 86  | VBM | G.M. LA ACEBEDA                |      | 1:01:59  | 1:06:04 | 0:04:05 |
| 117 | 244 | Fernando SANTOS MARTIN                   | 84  | VAM | INDEPENDIENTE                  |      | 1:01:55  | 1:06:00 | 0:04:05 |
| 118 | 162 | Diego RUIZ HERNANDEZ                     | 97  | ABM | ALCARRIATREKKING               |      | 1:06:03  | 1:10:10 | 0:04:07 |
| 119 | 234 | Miguel Angel SANTOS MUÑOZ                | 91  | VAM | INDEPENDIENTE                  |      | 1:06:40  | 1:10:48 | 0:04:08 |
| 120 | 70  | Eduardo RAMIREZ HERRAIZ                  | 75  | ABM | NEOSTRAIL                      |      | 1:01:38  | 1:05:47 | 0:04:09 |
| 121 | 171 | Jose Joaquin DIAZ DE AGUILAR<br>PUIGGARI | 113 | ABM | INDIVIDUAL                     |      | 1:03:41  | 1:07:51 | 0:04:10 |
| 122 | 216 | Jesus MOREIRA ALBO                       | 134 | VAM | CLUB IRU MOUNTAIN              |      | 1:12:59  | 1:17:09 | 0:04:10 |
| 123 | 168 | Ignacio RASERO COBO DE GUZMAN            | 167 | VAM | CLUB DE TRIATLON DIABLILLOS DE |      | 1:06:01  | 1:10:12 | 0:04:11 |
| 124 | 132 | Isidro CONTRERAS FERNANDEZ-PEIN          | 144 | VBM | ALCARRIATREKKING               |      | 1:10:45  | 1:14:57 | 0:04:12 |
| 125 | 115 | David LOPEZ Riestra                      | 90  | VAM | DE MADRID AL TRAIL             |      | 1:05:56  | 1:10:09 | 0:04:13 |
| 126 | 219 | Borja SANTOS PORRAS                      | 103 | VAM | ATLETICO PUCELA                |      | 1:08:00  | 1:12:14 | 0:04:14 |
| 127 | 19  | Jorge GONZALEZ GARRIDO                   | 142 | VAM | C.A. EL CASAR                  |      | 1:06:31  | 1:10:46 | 0:04:15 |
| 128 | 36  | Santiago DE LA O MORA                    | 96  | VAM | INDEPENDIENTE                  |      | 1:06:07  | 1:10:22 | 0:04:15 |
| 129 | 87  | Javier FABERO GARRIDO                    | 114 | ABM | LAS CABRAS AZULES              |      | 1:07:46  | 1:12:01 | 0:04:15 |
| 130 | 236 | Roberto BAYON LAREDO                     | 147 | VAM | TRIBU TRAIL                    |      | 1:08:41  | 1:12:57 | 0:04:16 |
| 131 | 217 | Jose JODAR VIDAL                         | 151 | VAM | INDEPENDIENTE                  |      | 1:08:00  | 1:12:17 | 0:04:17 |
| 132 | 253 | Alberto PASTOR ESTEBAN                   | 48  | VBM | GARLIC B2B                     |      | 0:57:20  | 1:01:37 | 0:04:17 |
| 133 | 209 | Gabriel HERNANDEZ COPADO                 | 54  | VBM | ASOCIACION ATLETICA MORATALA   |      | 0:57:17  | 1:01:35 | 0:04:18 |
| 134 | 166 | Jose CHAPARRO SANTOS                     | 123 | VBM | INDIVIDUAL                     |      | 1:08:13  | 1:12:33 | 0:04:20 |
| 135 | 233 | David LOPEZ GARCIA                       | 129 | VAM | DENDRO COMUNIDAD TRAIL         |      | 1:08:18  | 1:12:38 | 0:04:20 |
| 136 | 47  | Carlos Javier ABAD VIVES                 | 161 | VAM | INDIVIDUAL                     |      | 1:14:29  | 1:18:51 | 0:04:22 |
| 137 | 148 | Javier GIL MARTINEZ-DARVE                | 146 | VAM | INDEPENDIENTE                  |      | 1:10:36  | 1:14:58 | 0:04:22 |
| 138 | 181 | Alejandro MENOR FERNANDEZ                | 152 | VBM | INDIVIDUAL                     |      | 1:15:05  | 1:19:27 | 0:04:22 |
| 139 | 176 | Angel SALGADO COBO                       | 141 | VBM | TIERRA DE FUEGO                |      | 1:07:13  | 1:11:36 | 0:04:23 |
| 140 | 29  | Cesar GARCIA PEÑACOBIA                   | 81  | VAM | INDEPENDIENTE                  |      | 1:03:08  | 1:07:32 | 0:04:24 |
| 141 | 124 | Juan Carlos RODERO PLAZA                 | 157 | VBM | TROTAVILA                      |      | 1:13:21  | 1:17:46 | 0:04:25 |
| 142 | 108 | Raul GILA RETANA                         | 168 | VAM | INDIVIDUAL                     |      | 1:13:25  | 1:17:51 | 0:04:26 |
| 143 | 13  | Jose Ramon GARCIA VAZQUEZ                | 124 | VBM | INDEPENDIENTE                  |      | 1:13:33  | 1:18:01 | 0:04:28 |
| 144 | 83  | Javier SILVA CORREA                      | 173 | ABM | CDE PERLAS TRIATLON COLMENA    |      | 1:13:03  | 1:17:32 | 0:04:29 |
| 145 | 150 | Carlos RICO RICO                         | 193 | VBM | SCA TRAIL TEAM                 |      | 1:23:41  | 1:28:10 | 0:04:29 |
| 146 | 16  | Alberto VAQUERO RODRIGUEZ                | 158 | VAM | INDEPENDIENTE                  |      | 1:13:35  | 1:18:05 | 0:04:30 |
| 147 | 151 | Alberto A TEJEIRO PEREZAGUA              | 183 | VBM | BIKILAMANJARO                  |      | 1:20:26  | 1:24:56 | 0:04:30 |
| 148 | 143 | Sergio DE LA IGLESIA                     | 139 | VBM | INDIVIDUAL                     |      | 1:13:36  | 1:18:07 | 0:04:31 |
| 149 | 44  | Juan Carlos MARTOS GARCIA                | 154 | VAM | INDIVIDUAL                     |      | 1:10:54  | 1:15:29 | 0:04:35 |
| 150 | 57  | Oscar MORAL GIL                          | 172 | VBM | TODOVERTICAL V+                |      | 1:10:58  | 1:15:33 | 0:04:35 |
| 151 | 112 | Fermin PLATA FRANCO                      | 160 | ABM | INDIVIDUAL                     |      | 1:11:45  | 1:16:22 | 0:04:37 |
| 152 | 190 | David DE CASTRO RODRIGUEZ                | 149 | VAM | MT3 MADRID TRAIL               |      | 1:12:01  | 1:16:38 | 0:04:37 |
| 153 | 210 | David DE GEA LOPEZ                       | 163 | ABM | INDEPENDIENTE                  |      | 1:14:12  | 1:18:50 | 0:04:38 |



# Iberika Trail - Torrelaguna 2023

29 Enero 2023

## Trail Largo - Tramo Descenso

### ABSOLUTA MASCULINA ()

| Pto | Dor | NOMBRE APELLIDOS                | Pº  | sex | CAT                          | CLUB | T inicio | T fin   | TIEMPO  |
|-----|-----|---------------------------------|-----|-----|------------------------------|------|----------|---------|---------|
| 154 | 200 | Fernando SAYAGO RUIZ            | 181 | ABM | INDEPENDIENTE                |      | 1:10:40  | 1:15:19 | 0:04:39 |
| 155 | 103 | Ricardo ARISTONDO               | 148 | VAM | ENPHORMA TRIATLON SAN AGUSTI |      | 1:10:47  | 1:15:27 | 0:04:40 |
| 156 | 138 | Eduardo PEÑA ALMODOVAR          | 138 | VAM | INDIVIDUAL                   |      | 1:10:37  | 1:15:17 | 0:04:40 |
| 157 | 146 | Hector DIAZ GARCIA              | 166 | VAM | INDIVIDUAL                   |      | 1:12:19  | 1:17:00 | 0:04:41 |
| 158 | 18  | Carlos CANO OLIVERA             | 115 | ABM | PEAK TRAIL ACADEMY           |      | 1:10:02  | 1:14:46 | 0:04:44 |
| 159 | 215 | Miguel Angel SERRANO PEREZ      | 93  | VBM | CLUB AT MEJORADA DEL CAMPO   |      | 1:05:59  | 1:10:43 | 0:04:44 |
| 160 | 218 | Emilio LOPEZ VALLEJO            | 133 | VAM | INDIVIDUAL                   |      | 1:05:36  | 1:10:20 | 0:04:44 |
| 161 | 111 | David ALVAREZ MAROTO            | 159 | ABM | INDIVIDUAL                   |      | 1:08:44  | 1:13:29 | 0:04:45 |
| 162 | 188 | Jose Carlos MARTINEZ COBOS      | 143 | VAM | INDEPENDIENTE                |      | 1:09:54  | 1:14:41 | 0:04:47 |
| 163 | 197 | Arturo RAINER PAN               | 190 | VBM | RSEA PEÑALARA                |      | 1:21:31  | 1:26:20 | 0:04:49 |
| 164 | 15  | Sergio MARTIN ROMERO            | 132 | VAM | CLUB MARATHON ARANJUEZ       |      | 1:08:17  | 1:13:08 | 0:04:51 |
| 165 | 23  | Horacio BLANCO MORENO           | 98  | VAM | INDIVIDUAL                   |      | 1:04:15  | 1:09:07 | 0:04:52 |
| 166 | 11  | Carlos DELGADO PASCUAL          | 131 | VBM | INDEPENDIENTE                |      | 1:09:40  | 1:14:34 | 0:04:54 |
| 167 | 251 | Jose Carlos BARROSO MARTINEZ    | 165 | VAM | INDIVIDUAL                   |      | 1:12:23  | 1:17:17 | 0:04:54 |
| 168 | 46  | Juan DOMINGO GAVILAN            | 180 | VAM | CDE PERLAS TRIATLON COLMENA  |      | 1:19:21  | 1:24:16 | 0:04:55 |
| 169 | 14  | Jaime CAPARROS                  | 155 | VBM | VILLALOBOS RUNNING TEAM AD M |      | 1:14:18  | 1:19:15 | 0:04:57 |
| 170 | 22  | Jose Ramon TOLEDO LOPEZ         | 175 | VBM | CDE TRIBOOST                 |      | 1:13:44  | 1:18:41 | 0:04:57 |
| 171 | 10  | Jose Manuel GONZALEZ OTERO      | 184 | VBM | INDIVIDUAL                   |      | 1:17:54  | 1:22:55 | 0:05:01 |
| 172 | 61  | Oscar CERECINOS DE VEGA         | 170 | VAM | INDIVIDUAL                   |      | 1:19:30  | 1:24:35 | 0:05:05 |
| 173 | 3   | Jose Manuel ALJARO TIRADO       | 140 | ABM | TODOVERTICAL V+              |      | 1:11:03  | 1:16:12 | 0:05:09 |
| 174 | 187 | Victor DE LUCAS GALINDO         | 176 | ABM | INDIVIDUAL                   |      | 1:11:23  | 1:16:32 | 0:05:09 |
| 175 | 93  | Diego GONZALEZ VILLAR           | 188 | ABM | INDIVIDUAL                   |      | 1:16:14  | 1:21:28 | 0:05:14 |
| 176 | 196 | Federico CRUZ CARBALLO          | 150 | ABM | RUNNING CLAN                 |      | 1:11:43  | 1:16:57 | 0:05:14 |
| 177 | 45  | David GARCIA FERNANDEZ          | 156 | VAM | INDIVIDUAL                   |      | 1:14:30  | 1:19:45 | 0:05:15 |
| 178 | 78  | Adan PARTINGTON                 | 189 | VBM | INDEPENDIENTE                |      | 1:21:28  | 1:26:45 | 0:05:17 |
| 179 | 243 | Ygal GOMEZ SEISDEDOS            | 128 | VAM | RSEA PEÑALARA                |      | 1:08:04  | 1:13:24 | 0:05:20 |
| 180 | 42  | Mario MORENO DIAZ MAYORDOMO     | 179 | VAM | INDIVIDUAL                   |      | 1:20:53  | 1:26:15 | 0:05:22 |
| 181 | 43  | Ismael CLAVERIAS ROMERO         | 178 | VAM | INDIVIDUAL                   |      | 1:20:51  | 1:26:13 | 0:05:22 |
| 182 | 195 | Miguel DE DIEGO VOS             | 108 | ABM | FIND YOUR EVEREST TEAM       |      | 1:02:08  | 1:07:30 | 0:05:22 |
| 183 | 38  | Javier CANDELA GALVEZ           | 185 | ABM | INDIVIDUAL                   |      | 1:20:56  | 1:26:19 | 0:05:23 |
| 184 | 139 | Pedro Jose GOMEZ RODRIGUEZ      | 174 | VAM | MT3 MADRID TRAIL             |      | 1:14:02  | 1:19:26 | 0:05:24 |
| 185 | 39  | Jose Luis RUIZ ARGUMANEZ        | 177 | VAM | INDIVIDUAL                   |      | 1:20:59  | 1:26:24 | 0:05:25 |
| 186 | 237 | Miguel Juan SERRALLER VALDEMORO | 127 | VAM | INDIVIDUAL                   |      | 1:08:01  | 1:13:27 | 0:05:26 |
| 187 | 30  | Ruben LOPEZ TORRES              | 182 | VAM | MAÑANA MANDANGA              |      | 1:16:38  | 1:22:10 | 0:05:32 |
| 188 | 105 | Luis Alberto MAYOR MORENO       | 187 | VAM | INDIVIDUAL                   |      | 1:23:51  | 1:29:45 | 0:05:54 |
| 189 | 165 | Luis APARICIO IRANZO            | 191 | ABM | INDIVIDUAL                   |      | 1:30:46  | 1:36:57 | 0:06:11 |
| 73  |     | Javier LOZANO SANCHEZ           | 76  | VAM | INDIVIDUAL                   |      |          |         | n.p     |
| 158 |     | Jose Maria MARTINEZ AGUADO      | 88  | VAM | CUÑAD@S DE BARJACOBA         |      | 1:03:26  |         | n.p     |
| 193 |     | Hamza BELHADJ BENZIANE          | 21  | ABM | YAKU                         |      | 0:51:39  |         | n.p     |
| 203 |     | Ivan CONDADO CONDE              | 62  | VAM | ALKAYATA RIDERS              |      |          |         | n.p     |